

WINDJAMMER NEWS

February Dates:

Wednesday, 2/7:
Early Release @
2pm

Wednesday, 2/14:
Valentine's Day

Friday, 2/16:
Early Release
Holiday @ 12:15pm

2/19-2/25:
February Break - No
School

Thursday, 2/29 @ 7pm:
Intercultural Night
(Wave Cafe) see page 3



Spring Semester Principal Tips!

As we embrace the start of the spring semester, it's an opportune time for all students to strive for growth and for seniors to finish the year strong.

Here are tips for a productive and positive semester:

Revisit Your Goals

Setting new goals or revisiting existing ones is crucial for a fresh start. Even amidst challenges, goals act as guiding lights, fostering a sense of pride upon achievement and encouraging a lifelong goal-setting habit.

Academic Goals

- For our 9th graders, utilize advisory time to reflect and set new academic goals, especially with the transition to the 0-100 grading structure.
- Aim for growth regardless of past performance. Reflect on improvements needed if the first semester was challenging. If satisfied, maintain the momentum for the spring semester.
- Consider new challenges during course registration; explore different course levels or electives. Blaze your own trail to graduation through internships, diploma endorsements, independent study, or MCST courses.

Post-secondary Goals

- Juniors and sophomores, start post-secondary planning discussions. Meet with your school counselor to share your vision for graduation. Community college is free for the Class of 2024; find out if the 2 + 2 option provides viable options for your post-secondary goals.
- Continue to develop a relationship with your counselor, as they will write one of your college recommendation letters. They are also a valuable resource in the ever-changing world of post-secondary education.
- Spring is ideal for researching colleges, both online and in person. Mr. Lammert provides tips for college visits, and it's also time to consider standardized test preparation. See his Counseling Corner blog for guidance for students and guardians.

Jen's note continued . . .

Extracurricular Goals

- Get involved in diverse extracurricular options to explore interests, expand social circles, or gain leadership experience. Blaze your trail in and out of the classroom!
- Opt for quality over quantity in extracurricular activities. Invest time wisely in activities aligned with core interests and consider taking on leadership roles.

Personal Goals

- Prioritize personal well-being, starting with adequate sleep. Rest and rejuvenation are critical for our growing teens.
- Consider ways to reduce social media's influence on your day by limiting its use. Don't let FOMO get in the way of healthy boundary setting.
- Strive for overall wellness as you work towards your semester goals. You've got this!

Best wishes for a strong spring semester, Jammers!

Jen



Arria Doll '25

**Intercultural Program
Information Night for Student Travel Opportunities!
Thursday, February 29th @ 7pm in the Wave Cafe**

Intercultural information night is back this winter with updates for next years' student travel opportunities! Students and parents can join us on Thursday, February 29th at 7pm in the Camden Hills Cafeteria. We will be rolling out unique and interesting opportunities for students that will involve travel and service-learning. Pending board approval, we will be unveiling these trips the second week of February within the building for student consideration. At the information night trip leaders will be discussing plans, budgets, etc. If you have considered travel or are just curious about the program, please join us!



Hosting F-1 International Students for School Year 2024-2025

The Intercultural Program is looking for families interested in hosting F-1 students during the school year. The F-1 program hosts students from all around the world into our community for cultural immersion and education. Many of these students will attend American Universities after graduation. Host parenting is a great way to connect your family with a young person from potentially anywhere around the globe. Hosting an F-1 student is having another child in your home. There is financial support for host parents. Please contact Program Coordinator Mark Wallace for more details at mark.wallace@fivetowns.net.

Making Climate (and Writing) Real

Students in Ms. Gillette's Honors Grade 9 English connect content related to climate change with their study of effective communication.

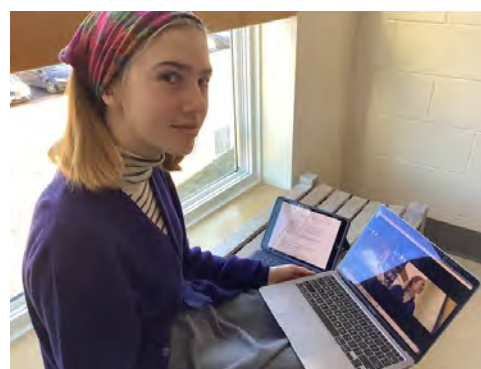
Students read several stories in the "cli-fi" genre ("climate fiction", in which a speculative future world is impacted by climate change) to understand how authors write to achieve a specific effect on their readers. Along the way they deepen understanding of concepts related to earth systems impacted by climate change (extreme weather, rising sea levels, ocean acidification, the albedo effect, changing biomes, and ocean circulation) that they'll later cover in Global Science. Then they get the opportunity to "build a cli-fi world" of their own and write their own vision of a climate-affected future.

This year, due to an introduction through a student's parent, Ms. Gillette reached out to Susan Kaye Quinn, the author of one story in the unit. Dr. Quinn holds PhDs in environmental, aerospace, and mechanical engineering but she has turned her energy to writing cli-fi stories and novels envisioning futures where people work together to find helpful responses to the climate crisis. Quinn generously joined each of section three times to discuss her personal experiences writing her story, provide worksheets with "writer's hacks" to help create a believable story, and mentor several students one-on-one in the hallway through Zoom.

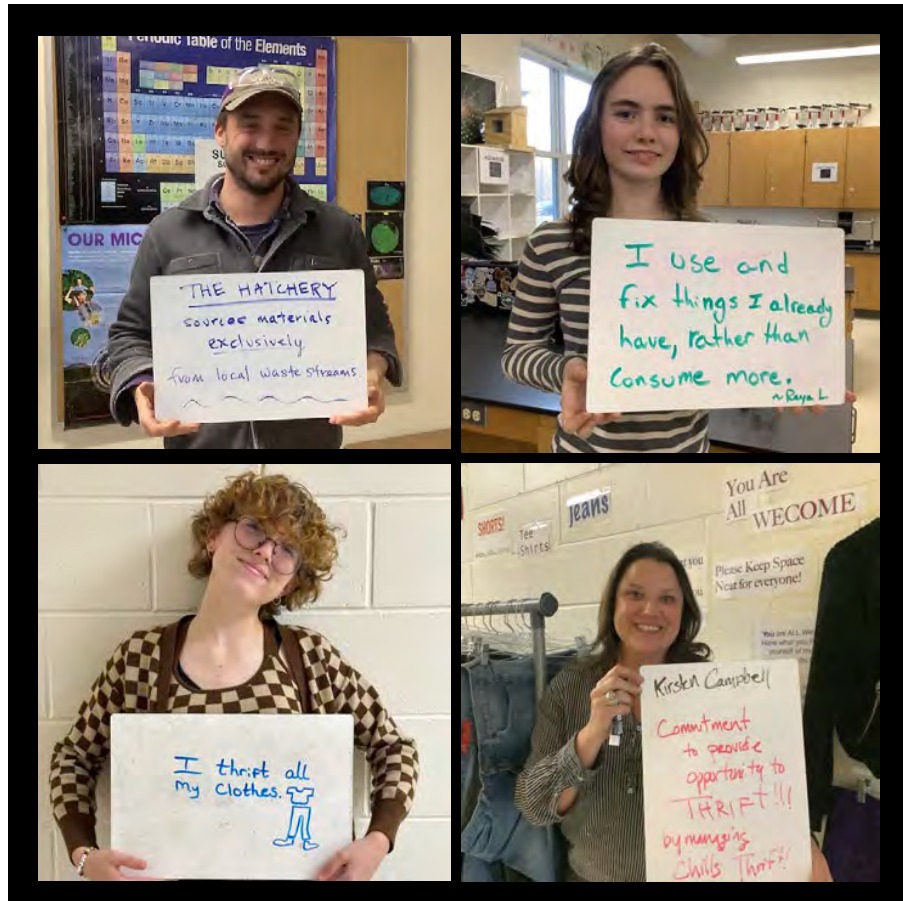
Students appreciated the opportunity to hear from a published author, especially one with such a hopeful message for the future. As one student commented, "She made being a writer seem real." Elsie Pinchbeck benefitted from Quinn's personal feedback on her story idea. She commented, "I found it inspiring and helpful to meet with Susan Kaye Quinn on Zoom. She gave me ideas about how to best get a message across to the reader and helped me out when I was stuck," as did Lydia Day (pictured right).

Finished stories portrayed characters in denial about the climate crisis finally becoming aware of the dangers, friends stepping up to help others in danger, and young people stepping up to make change in a damaged world.

Students will continue this focus on climate solutions in an upcoming debate unit by forming groups to research two solutions for reducing carbon emissions and then debating which one of them is most urgent.



WHAT'S YOUR PLEDGE? CONSUMPTION



SUSTAINABILITY: WE'RE ALL IN THIS TOGETHER PART 4

In a disposable society filled with single-use plastics and cheap online shopping opportunities, using more can feel like the encouraged societal norm. Phrases such as “retail therapy” endorse this attitude: buying more is supposed to make you feel better. But in fact buying more just leads to more waste, and eventually that both uses limited resources to manufacture unneeded items and also creates more for the landfills when last year’s Big Thing gets replaced by the more recent model.

Since societal norms are what we as a culture endorse, the school is doing its part to create a different kind of culture. The long-running November ski sale offers the larger community a way to find new owners for old winter gear while raising money for the school’s skiing teams. Danny Salomon (pictured top left) directs The Hatchery with a motto of “Radical Reuse,” teaching students valuable skills by putting waste materials (including left-over skis from that ski sale otherwise destined for the landfill) to innovative new uses. In a nook off the main floor hallway, art teacher Kirsten Campbell (pictured bottom right) maintains the inventory of Chills Thrift, racks of good-quality used clothes and shoes donated by staff, students, and the larger community; anyone is welcome to take anything for free in a good-will effort to find new owners for useable items. Rather than purchasing new, Ms. Kopishke has a large collection of donated jigsaw puzzles in the library for students and staff to work on between classes.

Student efforts reinforce to staff commitments. They buy clothes secondhand, bring reusable cutlery with their lunches, sip from reusable water bottles instead of plastic, and team up to create festive wrapping paper from newspaper. We’re proud of our student efforts to make new norms cool and embrace sustainable consumption.

In a world that seems to celebrate more is better, what can you feel better doing *without*?

ESVM LIBRARY



JANUARY NEWSLETTER



MIDTERMS

Over the past week the library has offered up many "brain break activities" for students. These included Playdoh, a massage chair, a collaborative mural, puzzles, legos, knitting & crocheting, origami, black out poetry, and of course a visit from Bogan the therapy dog



Jopina Popill



NEW BOOKS

Boxes of new books have arrived in the library. Many have been purchased based on student and staff recommendations. Others are from best seller lists and award winners. A small selection that just came in are Maine based books, including one set right her in Rockport, Maine.

CELEBRATE!

Puzzles have been a BIG hit here in the library. Students completed three in a single day! Well, January 29th marks National Puzzle Day, so the library is flooded with puzzles for students to complete. There is also a head-to-head puzzle race set up to see who is the fastest puzzler of all!





Toboggan Weekend News!

We are taking a moment to celebrate **MCST Composites** toboggan team and all they accomplished this weekend. There were many MCST programs represented in that sled! Additionally, Culinary and Baking & Pastry helped to supply food for the weekend.



The **Frozen Snot Rockets** finished 3rd in the **Experimental** category closely behind 2 veteran teams, including Lyman-Morse. Overall they finished 9th across the 4-person and Experimental groups! There were teams from as far away as Alaska represented there. It was also amazing to see our students interacting and receive support and accolades from the Lyman-Morse group.

ASVAB Testing will take place on Wednesday March 6th @ 8:20am

The ASVAB (Armed Services Vocational Aptitude Battery) test is a great career assessment tool that can help you identify which career areas best suit you. Because this is an aptitude test, it doesn't just tell you what you are currently good at. It also will tell you what you may be good at learning. You may know nothing about electronics, but your scores may show that you have the ability to learn electronics!

The ASVAB test is NOT about military aptitude and recruitment. The main purpose of the ASVAB is to help students understand their strengths and weaknesses in many fields of study such as math, science, reading/writing, problem solving, and technology. This can help students figure out a focus for potential careers/job opportunities.

Please reach out to Ms. Tracy to sign up laura.tracy@fivetowns.net by February 28th.

Laura Tracy

School-to-Career Coordinator/Teacher CHRHS

Mid-Coast School of Technology

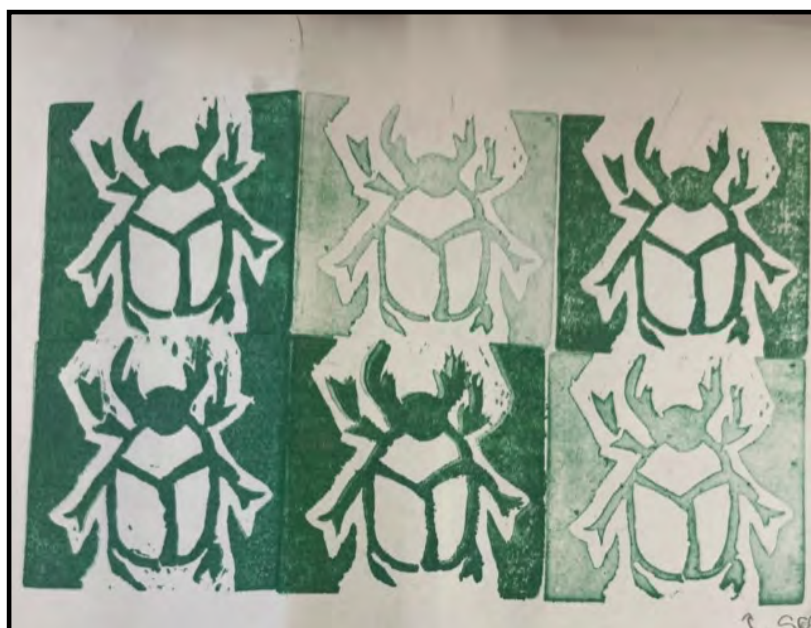
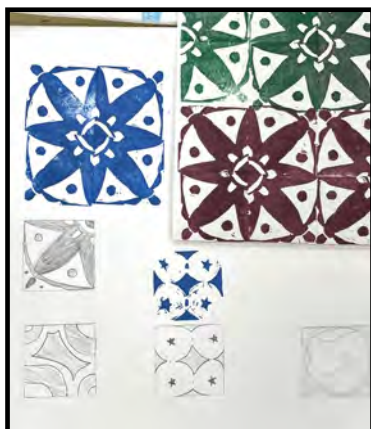
ltracy@mcst8.org



Printmaking
Carolyn Brown, Teacher

Printmaking class is working on a modular design assignment, carving small blocks and creating patterns. We looked at the Gestalt principles of design, focusing on figure/ground and closure, and applied these to repeat pattern systems.

Featured clockwise from left: Rosabella Vinci '25, Winona Lincoln '25 at work, Lydia Day '27, Roo Boetsch '24, and Bella Wickenden '26 at work.



Drawing II
Carolyn Brown, Teacher

Drawing 2 class started the semester with figure drawing and portraiture. Students are modeling for each other in class as we focus on observation of pose, gesture and proportion of figures.

Featured work left to right and below: Maya Blood '26, Sedona Prophet '26 and Sedona Prophet '26, Hunter Bell '24, Maya Martz '24





One Acts!

Camden Hills will once again be taking part in the annual **Maine Drama Festival**.

This year we are off to Lawrence High School in Fairfield where we will be presenting **The Leicester Fortune**, written by **AJ Collins**, CHRHS Class of 2025. The cast features **Burke Sabatini, Fen Forand, Alden H. Rousseau, Lindsey Clifford, Sara Ackley, Maren Kinney, Annie Costello,** and **Caleb Butler**. Set design is by **Freya Hurlburt**, with lighting design by **Rosie Fishman**.

If you don't want to drive up to Fairfield, you can catch a public performance of our show here at **CHRHS on Wednesday, March 6th at 6:00**. That night will be a double feature, as we will also be performing **The Distracted Scholar's Guide to Literature and Drama** by Peter Bloedel. That show features a cast of **Jocelyn Serrie, Lydia Day, Kylli Gronros, Katie Kunkel, El Ames-Cruz, Clara Venghiattis, Carl Wilton, Alida Trumbauer, Abigail Kohlstrom, Zev Whitcomb, Lilah Walsh-Weldon,** and **Trey Freeman**.

\$5 will get you in to watch both shows.

**2024 Maine Drama Festival Regionals
Lawrence High School
9 School St, Fairfield**

• Friday March 08, 2024 •

6:00 PM	Searsport District High School From Zero to Infinity: The Life of Dot	Christi Goosman
7:00 PM	Winslow High School Brian the Comet	Emily Hageman
8:00 PM	Messalonskee High School The Gorgon Sisters	Laramie Dean

• Saturday March 09, 2024 •

12:30 PM	Camden Hills Regional High School The Lecaster Fortune	AJ Collins
1:30 PM	Maine Central Institute Charley's Aunt	Gary Peterson
2:30 PM	Lewiston High School The Oranges of 2424	April Ranger
3:30 PM	Mount View High School A Night Under the Stars	Tracy Wells

• Saturday March 09, 2024 •

7:00 PM	Winthrop High School The Layover	Tracy Wells
8:00 PM	Lawrence High School Where the Sky Meets the Sea	Mandy Conner

Admission to each session is \$11.50, \$6.25 for students and seniors, and includes only the shows in that session. Tickets must be purchased with credit or debit card, no cash. Once a show has started, the doors will be locked and no one will be allowed to enter until that show finishes.



Chinese Studies
Trevor Paul, Teacher

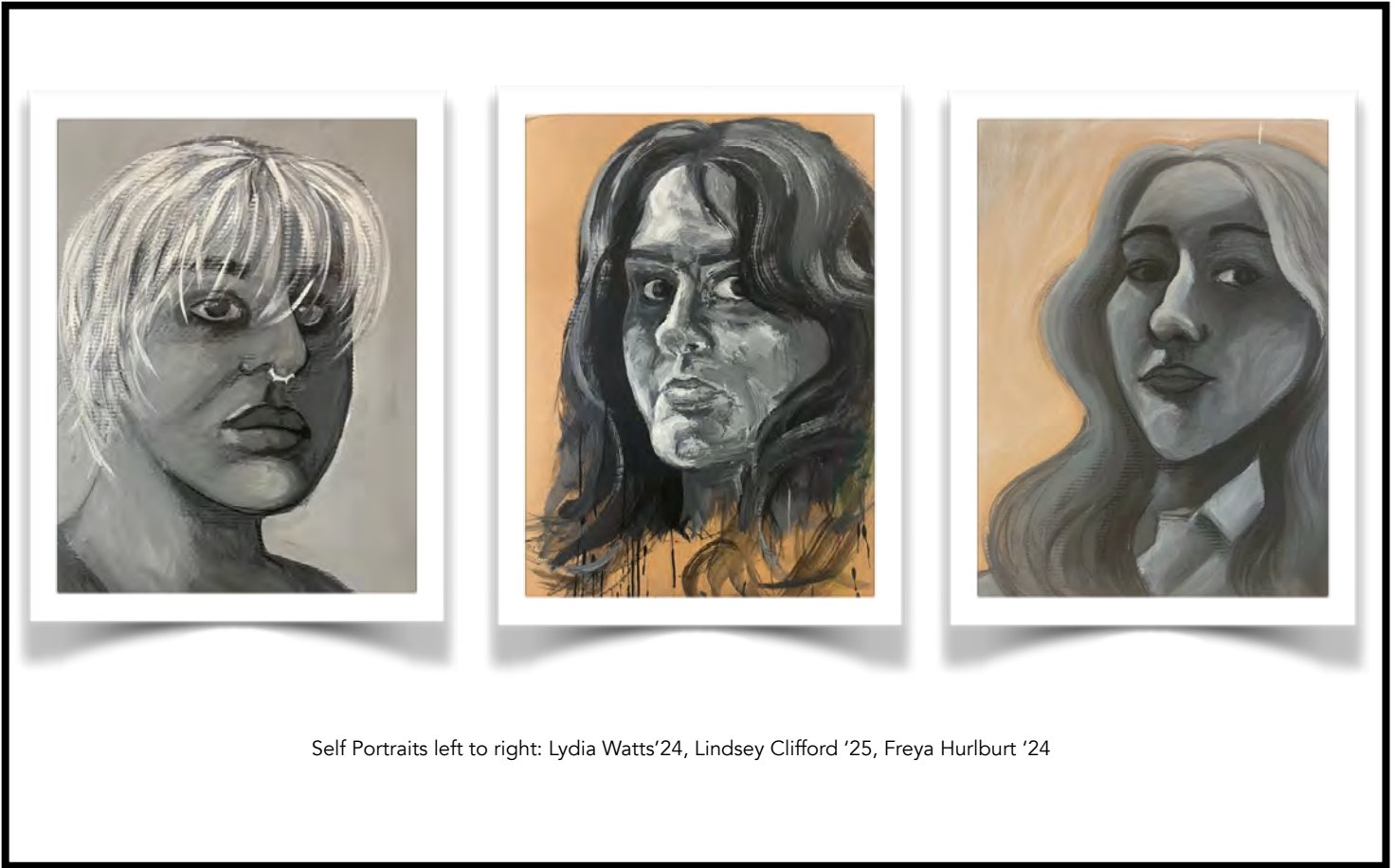
Students in Chinese Studies are learning to make traditional **jiaozi**, the most commonly consumed steamed dumpling in China and a traditional food at most Chinese holidays. Students made the filling from scratch along with the dough, and then learned several folding techniques to try out the next class. The dumplings themselves will be steamed next class and eaten by the class along with a sauce the students will also make from scratch.

Top: Ryan Philbrook '24, Caleb Butler '24, Elio Shackelford '24

L to R: Bennett Gardner, Elliot Condon, Evan Constantine, Gray Gautreau, Alden Howard

Below: Caden Fowler '25, Jed Lill '24, Colin Boire '25, Austin Peacock '24





Self Portraits left to right: Lydia Watts'24, Lindsey Clifford '25, Freya Hurlburt '24

