

Camden Hills Regional High School Hazing Statement Hazing is defined as any physical, mental, emotional or psychological act which subjects another person, voluntarily or involuntarily, to anything that may abuse, mistreat, degrade, humiliate, harass, or intimidate him or her, or which may compromise his or her dignity as a person.

Camden Hills Regional High School is committed to providing a safe learning environment for all student activity participants, coaches/advisors and supporters, and is unequivocally opposed to hazing or any situation that intentionally produces mental or physical discomfort, embarrassment, harassment, or ridicule to any person.

Hazing incidents will be investigated promptly and in a manner that protects the rights of the persons filing the complaint, the persons complained against, and the school. Students who participate in such actions will be subject to disciplinary action.

Please reference Maine Statutes 6553 and 10004 , and Five Town CSD Policy ACAD

Academic Eligibility for Co/Extra Curricular Activities

Participation in extracurricular and co-curricular activities is a privilege and carries with it certain academic responsibilities. Extracurricular/co-curricular participation is defined as involvement in any school-sponsored organization or activity, including class organizations, clubs and athletic teams. The following are the procedures for determining students' extracurricular and co-curricular academic eligibility:

- Grades will be checked at the end of each quarter and four weeks into each quarter
- Any student failing one or more classes at grade check will be placed on academic probation for two calendar weeks.
- During that time the student can fully participate in all aspects of any sport or extracurricular and/or co-curricular activity
- After two calendar weeks, the student must be passing all classes. If not, the student becomes ineligible until a time when he / she is passing all classes.

For athletics, plays, clubs and musicals, if a student becomes ineligible, he / she may practice with the team/ cast and attend club meetings. The student will not be allowed to participate in any performances, scrimmages, exhibition, regular season, or post-season contests or club events. Nor will he / she be allowed to travel to away games with the team. Incompletes are treated the same as failures unless otherwise determined by administration. All other MPA minimum academic eligibilities will also apply.

For more information, please contact:

Shawn Carlson, Principal, x3254
Graham Bode, Assistant Principal, x3257
Jen Curtis, Assistant Principal, x3259
Jeff Hart, Athletic Director, x3414

Clubs and Activities

Amnesty International

Advisor: Thad Feeney, ext. 3310

Schedule: Tuesdays at break in room 310.

Amnesty International is a worldwide group of volunteers who campaign for human rights. Members in over 140 countries create public pressure to stop human rights abuses by organizing campaigns on specific issues and countries. Through writing letters, lobbying government officials, and organizing events, members of the student group at CHRHS are actively fighting for human rights.

Anime Club

Advisor: Lisa Delfino, ext. 3331

This club is devoted to all things Anime; an art form from Japanese animated productions featuring hand-drawn or computer animation. If you enjoy Anime art, cartoons, videos and the Anime style of illustration, this club is for you!

Art Club

Advisor: Carolyn Brown, ext. 3480

Schedule: Thursday after school in room 472.

Art Club is for students interested in all things art. We plan special art workshops including tie dye t-shirts and silk painting, oil painting, and community service art projects, such as mural painting and art displays, and meeting with visiting artists. Students can also get help on personal art projects. We will be affiliated with the National Art Honor Society. We may meet additional days, depending on projects.

Camden for Community

Adviser: Megan Bendson, ext. 3323

Camden for Community aims to support charities in the local community year round. Our first focus is to help local food pantries to combat the hunger problem within the Mid-Coast area. We also help other local charities such as Meals on Wheels, Ronald McDonald House, and local nursing homes.

Civil Rights Team

Advisor: Johanna Billington, ext. 3354

Schedule: To be announced.

The Civil Rights Team is dedicated to fostering an atmosphere of prevention by sensitizing students and staff to the issue of harassment. The students, faculty advisors, and community member on the Civil Rights Team work with students and staff to assure an effective grievance procedure is followed in handling complaints about harassment and monitor its effectiveness.

Club Olas

Advisor: Amy Ferlauto, ext. 3210

Schedule: To be announced

Club Olas is a national network of high school and college students passionate about language learning and global social impact. Club Olas chapters across the US build tight-knit communities while raising awareness of the social, political, and economic realities of Olas moms and their communities.

Class Officers

Advisors: Each class has two faculty advisors

Schedule: Meetings as needed throughout the school year.

Each class elects class officers in May. The freshman class officers are elected in January. Class Officers are a group of dedicated students who work together in service for their respective classes. Class officers meet weekly with class advisors (staff members) during school day breaks or before/after school to establish class cohesion, to encourage class participation in activities/events, and to raise graduation funds. The elected Class Officer positions are president, vice president, secretary, and treasurer for each class.

Fellowship of Christian Athletes (FCA)

Advisor: Janet Heath, ext. 3223

FCA is a national organization that is led by students. The CHRHS FCA group meets every Tuesday morning to share and reflect on faith. Games, speakers, videos, music, and group discussions are some of the fun activities. You don't have to be an athlete (A free breakfast is provided.)

Gay-Straight-Transgender Alliance

Advisor: Johanna Billington, ext. 3354 and Iride Piechocki, ext. 3350

Schedule: to be announced.

The Gay Straight Alliance works to promote tolerance and acceptance, regardless of sexual orientation or gender identity, through education, support, and advocacy.

Intercultural Club

Advisor: Renee Randall, ext. 3128

The purpose of the International Club is to encourage the interaction between international and American students and to bring cultural awareness to the school.

Investment Club

Advisor: Janet Heath, ext. 3223

The investment club focuses on various way to invest money. We focus on the stock market and address other investment opportunities. We try to explain investment terms and strategy on a basic level; become familiar with investing.

Latin Club

Advisor: Michael Kinney, ext. 3220

Schedule: Club meetings are on an as needed basis

The Latin Club is affiliated with both the Maine Junior Classical League and the National Junior Classical League. The club attends three MJCL conventions each year where our club competes with Latin clubs across the state in numerous academic events. The club also gives one or two scholarships each year to deserving students who have studied Latin for at least three years. Our CHRHS Latin Club also sponsors a trip to Italy on a biennial basis.

Math Team

Advisors: Charles Simkin, ext. 3214

Schedule: One Wednesday a month and an all-day State Meet in April

Competes in competitive mathematical competitions. Each member answers questions in each of 5 categories and a team of 10 answers questions in a team round. Both individual and team scores are kept and are eligible for league and state awards.

National Honor Society

Advisors: Melissa Howard, ext. 3321, Craig Ouellette, ext. 3294

Schedule: Once monthly on Wednesday mornings at 7:15 am in the lecture hall.

Meetings review organizational activities such as soup kitchen, community volunteer opportunities, and various other community commitments the CHRHS chapter of the National Honor Society supports. Given the number of community requests for student leaders/volunteers, the CHRHS chapter also serves as an information source of opportunities that are open to any high school student who wishes to engage in service projects, including the academic tutoring program. Applications for NHS are accepted in the spring. Students must meet certain academic and civic requirements. For more information, visit the CHRHS website.

Newspaper, *The Camden Hills Gazette*

Advisors: Nell Dailey, ext. 3320

The Camden Hills Gazette is a student led, student-produced newspaper. The goal of the newspaper is to inform both the CHRHS and the local community of issues and ideas from a student perspective. Articles and submissions undergo a high level of scrutiny prior to publication. Students meet once a week.

Pals

Advisor: Jill Cote, ext. 3225

Schedule: meets at Friday lunches. Students visit their PALS during study hall times.

PALS students meet at least once a week to talk and work with their one or two elementary and or middle school students. CHRHS students may apply in the spring of their sophomore year. They must complete an application and write a short essay explaining why they would be a good PAL. If accepted, students may be PALS for two years.

Peers

Advisor: David Cooper, ext. 3357

Schedule: TBD

PEERS help integrate new students into CHRHS, both the incoming 9th grade class and transfer students throughout the year.

Pep Band

Advisor: Nancy Rowe, ext. 3294, Craig Ouellette

Schedule: Rehearsals begin in October one evening per week at a mutually agreed upon time.

The group typically performs at 16 home basketball games, one wrestling meet, two tournament games and the State finals. The Pep Band is open to all students enrolled in Concert Band as an opportunity to play rock/pop music and enhance school spirit at sports events.

Prom

Advisor: Amy Clevette, ext. 3262

The prom is organized by the Junior class. Meetings for planning and construction will be announced throughout the year.

Speech and Debate Club

Advisor: Kailey Smith, ext. 3264

Schedule: To be announced

The Maine Forensics Association (MFA) offers 7-10 tournaments a year for students to compete and practice their public speaking and rhetoric. Students are able to choose categories ranging from traditional oral storytelling, poetry, informative or persuasive speaking and writing, characterized performance, debate, and Student Congress. While students work to hone their public speaking skills, they are also being exposed to literature, current events, a variety of writing styles, and government and parliamentary procedure. In the future, students may also have the opportunity to join the National Forensics league and may qualify to compete against the top students in the country.

Student Council

Advisor: Sara Cole, ext. 3224

Schedule: Elected councilors are assigned to Ms. Cole's homeroom.

Student Council is a group of dedicated students from all grade levels who work together with an advisor and the administration to build school spirit through school-wide activities.

Examples include: Jammer Night, school dances (other than), Spirit Week, Dress-up days, Red Cross Blood Drive, Food Drives.

Student Council meets every day in homeroom, as well as weekly before/after school meetings (depending on student availability). There is also a summer workshop day in August to team build and plan the year's activities. **9th grade Student Council:** Students are elected during their 8th grade year, with representation from the four main sending schools. There is one representative from each of the following schools: CRMS, Appleton, Hope, and Lincolnville.

10th-12th grade: Students are elected by their grade levels in May/June of the previous year.

Windplanners

Advisor: Margo Murphy, ext. 3211

Schedule: to be announced

The Windplanners work on energy saving initiatives and energy use education as they pursue their goal of a carbon neutral school. They also plan a school wide Green Week each year, highlighting energy use, transportation issues, recycling and more.

Women's Student Organization

Advisor: Lora Levenseler, ext. 3219

This group meets to support women's advocates in the community and promote healthy relationships.

Yearbook - "The Navigator"

Advisors: Jen Munson, ext. 3122

Schedule: Students work on pages on a constant basis in their free time; meeting times vary.

The yearbook club works to create and sell the school yearbook. Do you like photography? graphic design? selling? Do you want to be part of a team that creates a vibrant and engaging yearbook that is inclusive of everyone? Then we are the place for you! We meet every week and work is ongoing throughout the year. We also meet one day in August, before school starts, to plan the work for the year.

Theatre/Drama Opportunities:

Fall Musical

Advisors: Director, Kim Murphy and Tech Directors, Tom Heath/Kailey Smith

Auditions for the 2021 show will take place on Sept. 7, 8, 9 6-8pm

Production dates are Nov. 5, 6, 10, 12, 13, 2021

Role Descriptions and sample sheet music can be picked up from Mrs. Murphy, Rehearsals start immediately following casting and occur 6 - 8 pm, and 6 - 9pm as we near production dates. Lead roles rehearse 2- 4 times per week in September and October. All roles rehearse Mon - Thurs in November with one full Saturday rehearsal prior to production.

In addition to stage work, there are huge behind-the-scenes activities that support the musical (set building, technical support - lights/sound/make-up/costumes).

Winter Play (Maine Drama Competition)

Advisors: Kailey Smith

Auditions are held in December

Production date for the Maine Drama Festival is March 12, 2022

Students come together to produce a one-act play as the CHRHS entry in the annual Maine Drama Competition.

Spring Play

Advisor: Amy Ferlauto

Auditions are held in late March or early April

Production dates are May 6, 7, 13, 14, 2022

Actors and techies combine their talents to produce the spring drama production.

Strom Auditorium Tech Club (SATC)

Advisor: Kailey Smith

Students are trained to provide technical support for groups using Strom Auditorium. Qualified students may be paid for their services. Meetings are weekly, TBD.

Sports

Jeff Hart, Athletic Director, ext. 3414

Go to <http://chrhs.fivetowns.net> for additional information and sports sign up materials.

Fall Sports begin on August 16, 2021

Fall Sports Parent Night will be announced.

Coaching assignments subject to change.

Cross Country Running- Boys and Girls

Coach: Helen Bonzi

Runners run 3 miles over varied terrain. This is very much a team sport with the top five runners scoring.

Field Hockey

Coach: Lindsey Clement

Interscholastic Field Hockey program competing in the Kennebec Valley Athletic Conference.

Football

Coach: Chris Christie

Interscholastic play competing in 8 Man Football.

Golf Team- Boys and Girls

Coach: Mark Wallace, ext. 3325

Interscholastic Golf competes in the KVAC. Practices are at local courses.

Mountain Bike Team - Boys and Girls (JV and Varsity)

Coach: Cy Scofield, David Cooper

Riders engage in a rigorous training regiment and compete against other high school teams. New participants are always welcome, but they must be able to ride for two and a half hours a day. There are several Saturday races that take up most of the day.

Soccer-Boys' (Freshman, JV, Varsity)

Coach: Ryan Hurley, 931-5015, varsity coach

Soccer competes in the KVAC at the Varsity, JV and freshmen levels.

Soccer-Girls' (JV and Varsity)

Coach: Meredith Messer, ext. 212, varsity coach

Girls' soccer focuses on maximizing talent and potential to play great soccer. We value attitude, 'coachability' and dedication. Programs are currently offered at the Varsity and Junior Varsity levels.

Go Jammers

Winter Sports begin on November 22, 2021

Student sign ups and Winter Sports Parent Night will be announced.

Coaching assignments subject to change.

Alpine Ski Team

Coach: Barry King

Interscholastic Alpine Ski program competing in the KVAC.

Basketball-Boys' (Freshman, JV and Varsity)

Coach: Jon Moro, ext. 3332, varsity coach.

Interscholastic Boys Basketball program competing in the Kennebec Valley Athletic Conference. Programs are currently offered for Varsity, Junior Varsity and freshmen levels.

Basketball-Girls' (Freshman, JV and Varsity)

Coach: Samantha Bragg, varsity coach

Interscholastic Girls Basketball program competing in the Kennebec Valley Athletic Conference. Programs are currently offered for Varsity, Junior Varsity and freshmen levels.

Cross Country Skiing

Coach: Richard Stetson

Skiers train for competitions during the season that ends at the state meet during the February vacation. All skiers are trained to compete in both classical and freestyle skiing.

Ice Hockey

Coach: John Magri

Teams practice and compete at the Midcoast Rec Center ice arena.

Swimming

Coach: TBD

The focus of the team is improving personal best times and to strive to qualify for the State meet. Practices and meets are at the Pen Bay YMCA.

Wrestling

Coach: Patrick Kelly, ext. 3118

It is our philosophy that all members of the team will have the opportunity to represent their school in a varsity match during the regular season meet schedule. It should be noted that a fair amount of travel and several overnights for tournaments are typical. Any wrestler that comes to the team with commitment and desire will learn the art of an ancient sport as a valued team member.



Spring Sports begin on March 28, 2022

(Baseball/Softball pitchers and catchers start earlier).

Student sign ups and Spring Sports Parent Night will be announced.

Coaching assignments subject to change.

Baseball (JV and Varsity)

Coach: Ben Rollins

Our Interscholastic Baseball program competes in the Kennebec Valley Athletic Conference. The Varsity team plays a 16-game schedule and playoffs.

Lacrosse-Boys (JV and Varsity)

Coach: Harrison Rogers

Lacrosse is an interscholastic program competing in the KVAC.

Lacrosse-Girls (JV and Varsity)

Coach: Wade Ward

Lacrosse is an interscholastic program competing in the KVAC.

Sailing Team

Coach: Deborah Schreiber

Sailing is a club sport. No previous sailing experience is necessary. The team practices at Rockland Community Sailing along with other mid-coast high school teams, and regattas are held throughout the mid coast on weekends.

Softball

Coach: Rowena Motylewski

Varsity and Junior Varsity programs are currently offered.

Tennis-Boys

Coach: Jesse Simko

Tennis players participate in the Maine Principals Association sponsored, state-wide individual singles tournament and the class B team tournament. The KVAC sponsors a doubles tournament.

Tennis-Girls

Coach: Lana Arau

The season consists of twelve regular season matches in the KVAC Athletic Conference. Post season can extend the regular season as players compete for regional and state titles. There is also a State Singles Tournament open to the top three singles players. Doubles players compete in a separate KVAC Doubles Championship.

Track and Field

Coach: Sarah Mismash, ext. 3112, Helen Bonzi

The boys' and girls' track teams compete in the KVAC. There are running events in a variety of distances. Field events feature jumping and throwing events.

Ultimate Frisbee

Coach: Geoff Scott, 236-9878

This popular alternative sports team has club status at CHRHS. The team practices at CHRHS and various other community fields and competes statewide.

