

WINDJAMMER NEWS

May Dates:

May 7 - May 23:

AP Testing

**May 9, 10 & 11 @ 7pm
& May 11 @ 2pm:**

"SIX" Musical

Strom Auditorium see p.4

**Tuesday, May 14 @ 5pm:
Empty Bowl Supper
& Silent Auction**

**Tuesday, May 14 @ 7pm:
CHRHS Band
Concert**

**Wednesday, May 22 @
7pm:
CHRHS Chorus
Concert**

**Saturday & Sunday,
May 18 (8am-1pm) &
May 19 (9am-12pm):
CHRHS Plant Sale**

**Thursday, May 30:
Fine Arts Night**



From the Principal

These past few days have gifted us with sunny skies, mild temps, and bug-free spectator opportunities. Such beautiful moments, characteristic of an early Maine spring, are fleeting. As a lifelong educator, these days signal the closing of another school year. While it's easy to get caught up in the hustle and bustle of end-of-year events, I hope we all find moments to pause and enjoy the path our teens are carving out while at Camden Hills.

The path of teenagers through high school is filled with messy yet inspirational and often zigzagging growth. As I reflect on the busy months ahead, memories of my own parenting journey resurface, particularly my eldest's final year at CHRHS. From the earliest days of joining the Parent Club, I realized that parenthood was marked by emotional contradictions — feeling proud and anxious, frustrated yet brimming with joy, exhausted yet unwilling to miss a single moment of this remarkable experience. I have learned that I still need to adapt to the delicate dance of fostering independence and providing support as my children navigate their own paths. Embracing a world of contrasting emotions challenges us as parents – the same is true for our Chills school community as we prepare our students for a future of autonomy and independence.

One year ago, I vividly remember experiencing a mix of nervousness and excitement as my child prepared for the milestone of graduation. In those moments, I mourned the conclusion of one life stage and joyfully celebrated the unfolding of what lay ahead. Watching and marveling at the evolution of a teenager's life, both as a parent and an educator, is a journey I have found to be filled with contrasting and beautiful emotions.

As a parent and the principal, I greatly appreciate our staff for contributing to our teenagers' paths to graduation. It's Staff Appreciation this week, where we celebrate and honor those who have dedicated themselves to nurturing the growth of our adolescents. I am proud of how our staff champions student engagement and individual growth. There's a unique satisfaction in watching a student's transformation from a restless and wide-eyed freshman to a somewhat more assured yet still maturing sophomore to a junior pondering life after high school, and finally, to a more confident and self-aware senior viewing the world as their oyster.

While each young person's journey through adolescence is unique, there are overarching patterns that unify the experiences of our Jammers. Just four short years ago, our seniors started their education with masks, hybrid learning, and the most unconventional start to high school in the history of Camden Hills. Yet, here they are, prototypically displaying the senioritis our 12th-grade teachers could diagnose a mile away. The universal elements of a student's four years at CHRHS reveal feelings of comfort and indicators of readiness, which brightens the hearts of all educators who get the privilege of being part of these defining moments in the lives of our students.

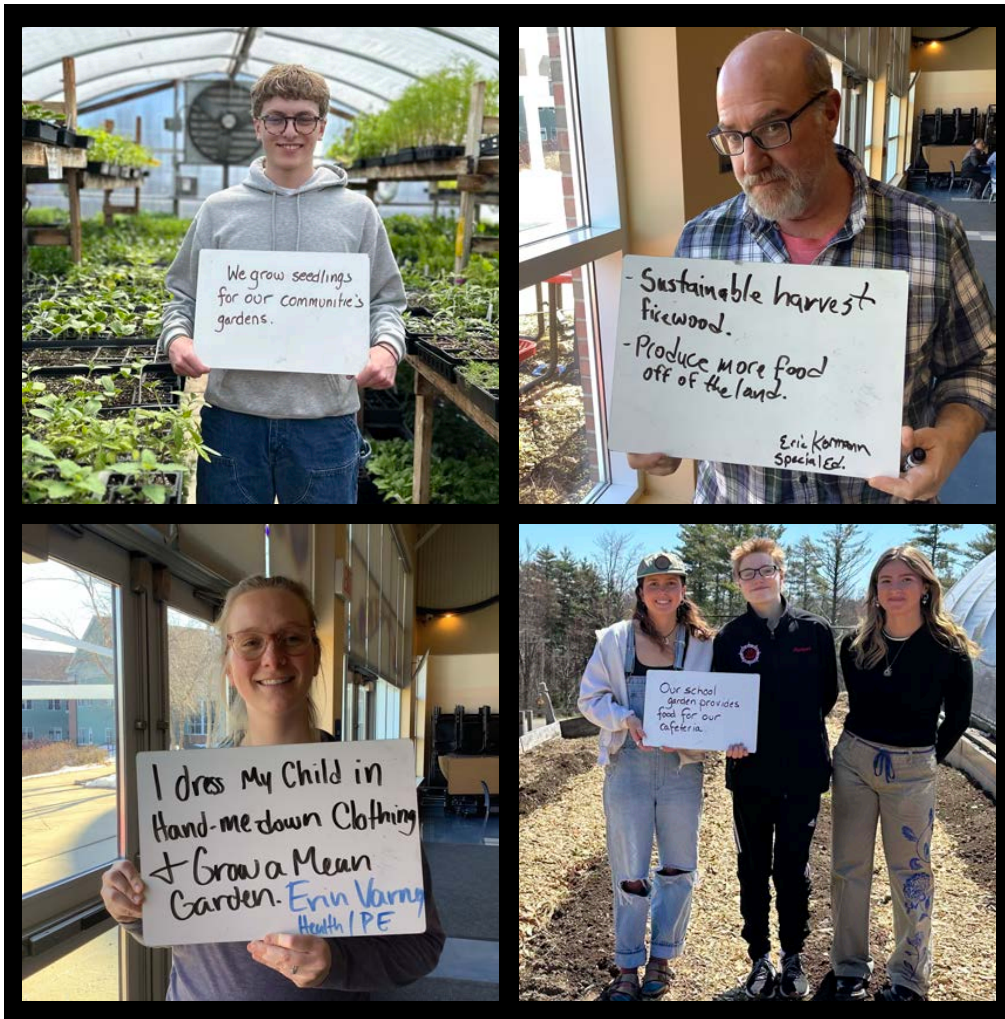
Best wishes to the Class of 2024. We are immensely proud of the trail you have blazed through CHRHS. Thank you to our staff, who cherish the honor of being part of an adolescent's journey.

With Jammer pride,
Jen



Pearl Hedstrom '26

WHAT'S YOUR PLEDGE? GROWING FOOD



SUSTAINABILITY: WE'RE ALL IN THIS TOGETHER PART 6

All that warm April sunshine starts many of us thinking about gardening. Stubby leaves of rhubarb unfurling in the dooryard, bell-like flowers on blueberry plants, frothy white blooms on apple trees, or frilled true leaves of squash vines — all announce another year of nature's sustaining generosity.

A bonus of Midcoast Maine is the access to ample space to plant, whether in a backyard, a local community garden, or on the school campus. We all eat. Food that has travelled a shorter distance between where it is grown and where it is consumed is fresher and reduces carbon emissions. It also tastes great, especially when the trip to harvest involves a calming walk outside to witness bees endlessly pollinating blooms, to survey for potato beetles, or to thin out baby carrots.

Many CHRHS teachers are avid gardeners, eagerly paging through the Fedco seed catalog and awaiting the opportunity to break fresh ground. Gardening & Horticulture students (pictured above) spend the early weeks of February planting tiny seeds into moistened potting soil, and witness the greenhouse trays go from black to green with new growth. Some seedlings are destined for the school gardens to be incorporated into food served in the cafeteria, while most will be available for purchase during the school plant sale open to the public Saturday, May 18 (8-1) or Sunday, May 19 from (9-12) by the greenhouse.

Whether you are new to gardening or an old pro, consider the pleasures of soil under your fingertips. Plant a seed, care for it as it grows, and reap the rewards of your efforts out there in the sun.

CHRHS Presents *SIX!*

SIX is a combination musical/pop concert detailing the lives of the six wives of Henry VIII. It is presented as a singing competition, with each queen competing to see who suffered the most at the hands of their shared spouse. It is a high-energy show full of catchy tunes and a story about reclaiming your identity.

CAST

Catherine of Aragon - Sara Ackley

Anne Boleyn - Rosie Fishman

Jane Seymour - Kerrigan Peterson

Anne of Cleves - Fen Forand (2 shows)

- Charlotte Nelson (2 shows)

Katherine Howard - Annie Costello

Catherine Parr - Chloe Day-Lynch

CREATIVE

Director - Drew Albert

Student Director - Trey Freeman

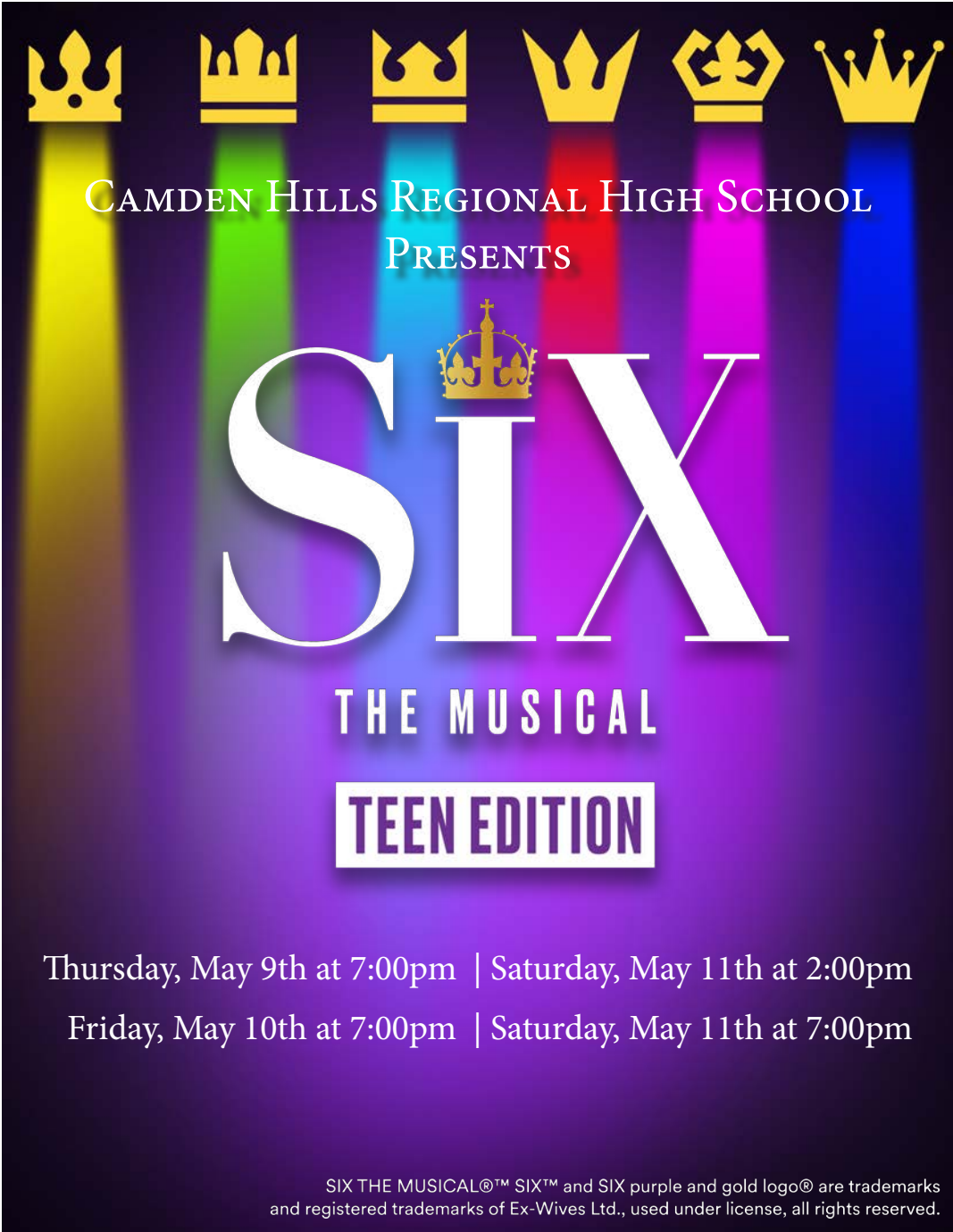
Stage Manager - Ethan Ratner

Choreography(2 songs) - Elio Shackleford

Sound Design - Hailey Levangie

Set Design - Freya Hurlburt





The poster features a dark purple background with six vertical beams of light in yellow, green, cyan, red, magenta, and blue. At the top, six gold crowns are arranged horizontally. The text 'CAMDEN HILLS REGIONAL HIGH SCHOOL PRESENTS' is in white serif font. The word 'SIX' is in large white serif font with a gold crown on the 'I'. Below it, 'THE MUSICAL' is in white sans-serif font, and 'TEEN EDITION' is in white sans-serif font inside a white rectangular box. The showtimes are listed in white sans-serif font. At the bottom, a QR code is present.

CAMDEN HILLS REGIONAL HIGH SCHOOL
PRESENTS

SIX
THE MUSICAL
TEEN EDITION


Thursday, May 9th at 7:00pm | Saturday, May 11th at 2:00pm
Friday, May 10th at 7:00pm | Saturday, May 11th at 7:00pm

SIX THE MUSICAL®™ SIX™ and SIX purple and gold logo® are trademarks and registered trademarks of Ex-Wives Ltd., used under license, all rights reserved.

Seating on the stage in the Strom Auditorium!

Tickets are \$20 and limited to 150 per night.

For tickets, go to stromtix.com or scan the QR code or email tickets@fivetowns.net





GERMANY EXCHANGE

The CHRHS German Exchange group, led by Trevor Paul and Jane Chamberlain, completed their exchange experience with a wonderfully successful trip to Amberg, Germany over April break! After hosting 16 German students from Gregor-Mendel Gymnasium in September, it was our turn to travel, stay with families, and experience Bavarian history and culture.



Some of the highlights were a visit to Nuremberg Castle with a guided tour of the Nuremberg dungeons; a trip to historic Regensburg and the House of Bavarian History; a sobering tour of Flossenburg Concentration Camp; the unique experience of the "Kirwa" (regional folk festival); wonderful food, many classes attended, and much bonding with our wonderful host students and their families, who offered us incredible hospitality and genuine affection. And this is not to mention the 2 days' "bonus" time in Munich...when our flight got cancelled! Although this did cause stress and many spent a chunk of time doing school work in hotel rooms, our fantastic group of students rallied and made the most of it.





The students learned so much, expanded their world views in so many ways, and made amazing and beautiful connections. Some have termed it one of the most amazing experiences they've had, and others are already seeking ways to return for a visits already this coming summer.

We hope to continue this great program with another group in a couple years!



Service Learning in the Dominican Republic

April break, nineteen students and three chaperones made their way to the Dominican Republic for a week of service learning and immersion in the culture and life of the Dominican people. We boarded a flight at midnight on Friday April 12th and landed in the arms of our fearless guide Adolfo Ramirez and our even more fearless bus driver Chichi Peña, (pictured here with Jacalyn Willams.) Early on Saturday morning we landed at our hotel in Santiago, slept for a bit, and then headed out into the city. Our first stop was the Centro Leon Santiago, an anthropological museum which set the stage for our immersion in the rich and diverse history and culture of the Dominican Republic. The tour carried us through a history of the island and expanded our understanding of how the nation was founded, its indigenous roots, and what shapes the Dominican Republic today.



The first exhibit we were led through had us “underwater” and allowed us to experience one of the diverse ecosystems that call the DR home. We traveled through time with our guide and left with a on which we could build a rich week long experience.

After lunch, we visited the Monument of Santiago (Monumento a los Héroes de la Restauración) This eight-story structure located in downtown Santiago was built by the former dictator Trujillo and later became a monument praising the soldiers who battled for Dominican Republic's independence from Spain. We climbed to the top of the

monument to look out over the city of Santiago. Students then had the afternoon to explore the city and visit the markets to shop for souvenirs while trying their best to haggle - a much encouraged strategy!

We spent the night in Santiago and woke up early the next morning to make our way to the north coast and the town of Cabarete, which would be our home base for the remainder of the week.

Along the way, we took a side trip to the 27 Waterfalls of Damajagua to jump and slide our way down seven of the waterfalls and enjoyed the thrill of navigating the river and the canyon it carves through the mountainside.

We all survived with the help of our guides Tony and Pepito!



We left the river to head to our home away from home for the next few days, Ali's Surf Camp in Cabarete, which is also Adolfo's home town. We settled in and headed to the beach for a swim and then had the first of many community dinners. This was our opportunity to come together, share our highlights, debrief and talk about the following day.

While at the DREAM Project, the students worked with a Montessori classroom and a group of 6-8 year olds as they finished a project on various body systems. Each day we spent the morning in the classroom working 1:1 with the children with the final goal of helping prepare them for a presentation they would be doing for other students in the school.

Learning: The DREAM Project

While some of our time was punctuated with fun activities, the primary goal of our trip was to partner with an organization to support the local community in Cabarete through The DREAM Project described below:

The DREAM Project is shaped by its mission and vision: "to provide high quality educational opportunities to children, youth and families in the Dominican Republic", and "Our transformative education programs complement the national education system and empower at-risk children and youth to create a better future for themselves and their families."



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Photo left: Carly Tibbetts talks with a student about the circulatory system and right: Reid Chester helping the kids dodge the raindrops on the way to lunch.



We started each afternoon with a community lunch with our DREAM Partners. After lunch, we were further immersed in aspects of the culture and history of the Dominican Republic: we attended a lecture about its history, learned how to dance the Bachata and Merengue, visited the Bachata Academy and Charlie (nearby DREAM-led programs which offer dance lessons, sports, and music classes), and participated in programming led by *Deportes Para La Vida* (a program developed at DREAM which youth learn about the risks of sex, myths surrounding sexually transmitted infections (STI) and their transmission, and gender equity.)

Other Adventures!

In addition to our river adventure, we were also able to spend our afternoons snorkeling, going on a river boat cruise to Wilson’s Beachside Restaurant and taking surf lessons.

Adapting and Responding

On Tuesday, Cabarete and its surrounding communities experienced a record rate of rainfall which resulted in severe flooding. Over two hundred families lost all of their possessions and schools across the region were closed. Adolfo met us at the surf camp to update us on the situation and then arrange for us to continue to serve the community by supporting a local community garden, Cabarete Sostenible. There, our students weeded gardens, collected wildflowers to dry for tea, and planted seedlings. At the end of the week, we met with Adolfo’s sister Rosangel, who is working to provide relief to flood victims.

Our students donated clothing, toiletries, and money to her organization with the hopes of establishing a GoFundMe page to raise more funding to help out!

Right: Alida Trumbauer, Norah Gallant, and Jena Scott talk with students about the digestive system.



Left: Chloe Day Lynch, Harper Coburn, Hattie Moss, Hayley Orne, and Maggie Blood setting up hibiscus flowers to dry for tea; Charlotte Thackeray and Jena Scott planting seeds; Max Ergas and River Pinkham planting seedlings.

Highlights from The Dream Project

There were so many incredible moments that happened throughout the week in the Montessori classroom - the tears at the end of the week and the volume of hugs were a clear indicator of how powerful this experience was for all of the kids - young and older.

Our Dream Family



Photo below - the whole group with Adolfo in front of Centro Leon. Pictured: Michele Metzler, Charlotte Thackery, Alida Trumbauer, Chloe Day Lynch, Norah Gallant, Jenna VanRyn, Reid Chester, Charlie Nicolet, Naomi Fisher-Barrett, Hayley Orne, Harper Coburn, Hattie Moss, Carly Tibbetts, Max Ergas, Hunter Beveridge, Maggie Metzler, Rowan Stewart, River Pinkham, Trysdan Galvin, Jacalyn Williams, and Jude Masseur.

Special thanks to Michele Metzler for leading the trip and shaping an amazing experience for all!

¡las mejores mujeres de todos los tiempos





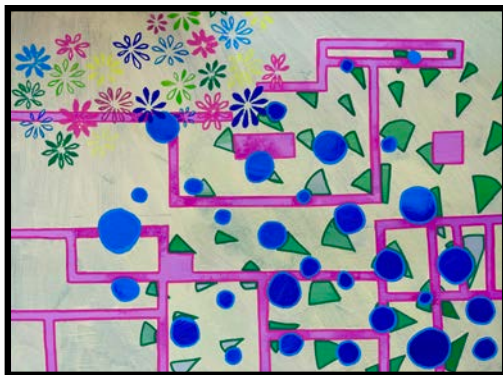
A group of French students enjoyed a traditional West African meal at **Penobscot Bay Language School** as part of **PBL's Cultural Kitchen** series.

Left to right: Addy Harbaugh, Rowan Mahoney, Piper Greenleaf, Keira Kay.

Big Art Carolyn Brown, Teacher

Big Art finished an experimental painting method, using tape and contact paper to block out areas, and painting in successive layers with acrylics. Color theory was integral to the success of the work. After peeling off the tape, paint markers and other media were used to enhance the paintings.

Featured work left to right: River Bell '25, Mia DeBrosky '27



VPA Gifted & Talented
Kirsten Campbell, Teacher

The VPA Gifted & Talented Program sponsored a field trip to the Colby Art Museum on April 23rd to see 4 outstanding shows; *The World Outside: Louise Nevelson*, *A Lot More Inside: Esopus Magazine* retrospective, *Painted: Our Bodies, Hearts and Village* and *Alex Katz: Repetitions*

The Museum also houses an incredible permanent collection, from ancient antiquities to contemporary works from powerful contemporary artists.



16 amazing humans attended: Freya Hurlburt, Lydia Watts, Lindsey Clifford, Chloe Root, Arria Doll, Chloe Burgess, Kayden Fulbeck, Roza Chandler, Lulu VanLonkhuyzen, Camden Contakos, Griffin Spear, Ava Pease, Aurelia Crosslin

Left - Historical photo of Louise Nevelson featured in the exhibit, Chloe Root '24 and Zola Roberts '24 watch a video, and below - Alex Katz *Pas de Deus* with Fen Forand '24





Guest Artist Workshop

Artist and entrepreneur **Hope Rovelto** was a guest artist in Ms. Brown's art classes in early May. Hope has an MFA in Ceramics, and runs her own silkscreen printing shop in Portland. She began the workshop talking about the path she's taken, from indifferent student in early years, to a successful artist and businessperson. She shared how she balances her interests in community service, social justice, biking, and arts education, with the need to make a living-- a great topic for high schoolers to consider.

Before the workshop, we prepared designs to print on shirts and tote bags, and Hope brought the screens to print.

Every student had a chance to print a poster, bag or shirt with one of the designs.

Clay 2 class joined us for a period, and Hope demonstrated how to print with underglazes on clay, and how to make underglaze transfers to use on clay. This is an exciting option to combine printmaking and clay methods, that Ms. Brown uses in her personal clay work.

A future collaboration is in the works!

The Hatchery Ad Hoc Bike group also joined in, and printed a gorgeous student-made design on shirts for the group.

Many thanks to the Bisbee Fund for supporting this amazing workshop.



Printmaking
Carolyn Brown, Teacher



Taylor Clayton '24

Printmaking class worked with collagraph printmaking, using cardboard and other materials to make layered relief printing plates. Students learned how to use the printing press, with dampened paper and print blankets to create an embossed effect on the prints.

The class is working on stencil methods next, including silkscreen. Guest artist **Hope Rovelto** gave us a hands-on demonstration, and explanation, of silkscreen printmaking, and students are now designing their prints.

Featured work left to right: Sam Tooley '27, Matthias McPhail '25, Corynn Prescott '25

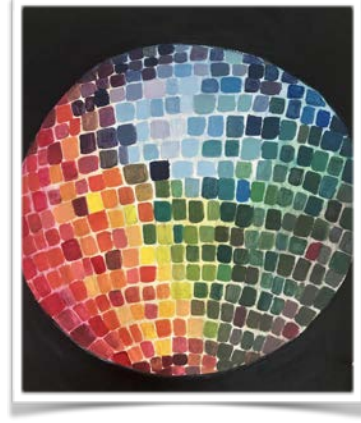


Drawing & Painting I
Kirsten Campbell, Teacher

Color Wheels!

12 colors mixed from 3 primary, 12 tints, 12 shades
and 1 design!

Top left to right: Dominic Todd, Matilda Schroeder '25,
middle row left to right: Micky Nowell '26, Roan Aldridge
Peacock '25, William Thorsell,
bottom left to right: Chloe Egan '27, Rivita Nakjaroen '27





Drawing II
Carolyn Brown, Teacher

Drawing II finished a short unit on landscape and interior space drawing. We looked at artwork, and our actual environment, to analyze how we perceive depth, and how to create the illusion of depth on the 2-dimensional page. Drawings include techniques such as overlapping, diminishing scale, atmospheric perspective, and placement on the picture plane to show depth of space. After working with graphite pencils, we moved on to black ink and sumi-e brushes, learning how to use that media, inspired by Japanese and Chinese ink drawings.



Featured work clockwise from above: Eric LeBlond '24, Sedona Prophet '26, Miles Murray '24 and Maya Martz '24



Emme Felton '27



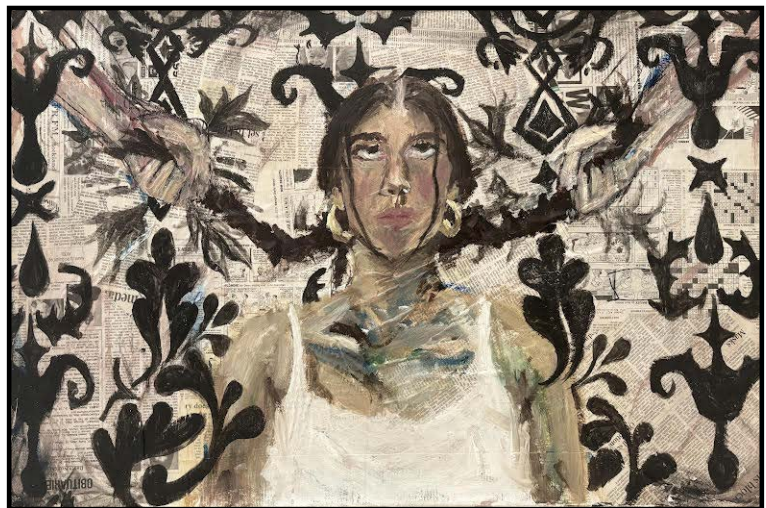
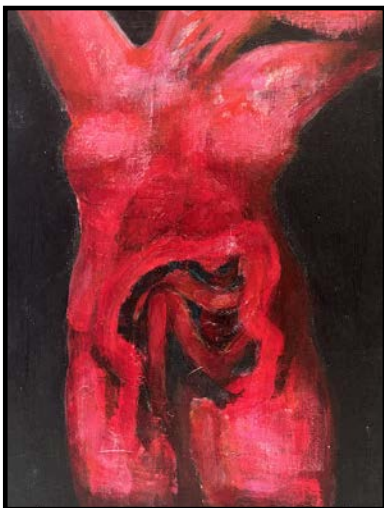
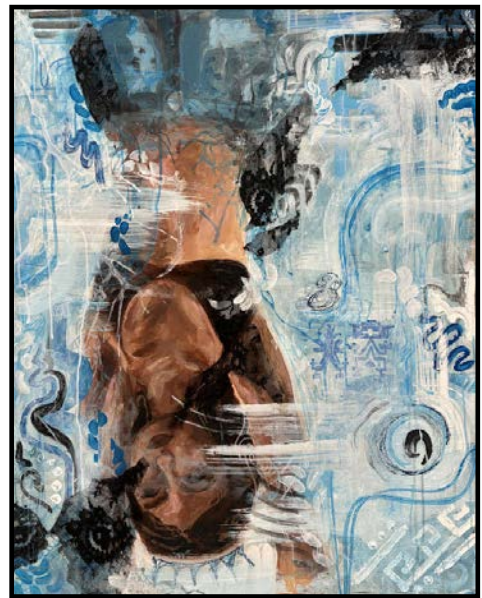
Emily Brown '24

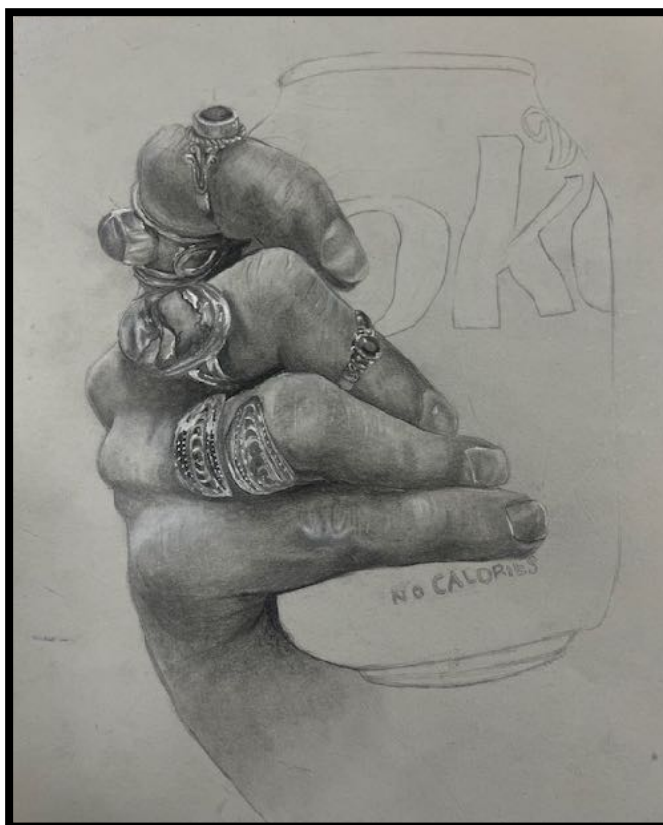


Advance Art Portfolio
Kirsten Campbell, Teacher

Advanced Art Portfolio has shifted into students' *Sustained Investigation* (4-5 works on 1 original Investigative statement)

Featured work clockwise from top left: Chloe Root '24, Sofia Howell '24, Zola Roberts '24, Lydia Watts '24, Freya Hurlburt '24





Advanced Art - Arria Doll '24

Camden Hills Regional High School Fine Arts Night

The annual CHRHS Fine Arts Night will be held Thursday, May 30, from 5:30-8:00

Fine Arts Night is a dynamic celebration of student achievement in the visual and performing arts at CHRHS.

A wide range of student artwork by CHRHS students will be on display, including drawing, painting, jewelry, work from Big Art classes, 3D design, visual journals, and clay. The Advanced Portfolio Art class will have individual bodies of work displayed in the black box. All other work will be on the Strom stage, in hallways, and in the Wave Cafe.

Student performances will include vocal and instrumental ensembles and soloists performing in the Strom Auditorium, Wave Cafe, and Main Lobby. Students personalize this event by arranging their own ensembles, and performing music of their choice, as well as performing in school groups such as the dynamic CHRHS Jazz Band.

Fine Arts Night is a free, family-friendly event, and the entire community is welcome to attend. A schedule of performances will be available at the door.

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Get the Skills You Need to Get Back to Work



**Career Counseling
Cassie Robichaux**

Cassie Robichaux is the Career Advancement and Navigation Specialist for HUB 7. HUB 7 serves Maine’s Knox, Sagadahoc, Lincoln, and Waldo counties.

Her primary goal is to support underemployed or transitioning adults (16+ and not currently enrolled in high school) in career planning services for education, training, and employment. She also works to create pathways to help employers attract qualified candidates through community outreach and helping them to connect with free hiring services.

If you would like to learn how you can advance your career, or kick start your hiring, please contact



her at cassie_robichaux@msad40.org or 857-277-4289. Or simply scan the QR code and complete the simple survey.

We’re looking for a few good employers and employees ...

Bridge To Employment in the Midcoast
The programs of MidCoast Adult Education 7 have been awarded a competitive Strengthening Maine’s Workforce grant to deliver services under the project title, Bridge to Employment in the Midcoast. Grant funding is available for employers who need support systems to access employees; and to potential employees who show a training need and are defined as:

- People or communities of color
- Low-income
- Immigrants
- People with low levels of literacy
- Women
- The underemployed and unemployed

Eligible business sectors include healthcare, manufacturing, transportation, hospitality, and retail. Others may be possible if trainees themselves are eligible. Need help to move forward? Wondering about your eligibility? Contact the Bridge Coordinator, Joe Catalano at joseph.catalano@fivetowns.net.



NEW FOR SPRING!

Firefighters Needed! - one night, May 9, 6-8 PM. This free info night with local fire department personnel will help you learn what it takes to become a volunteer or a firefighter. There are many ways to help without a large time commitment and all stations need helpers. **Teenagers welcome!**

Babysitter Training class in July! - Due to popular demand, we have added a 3-day course on July 22-24. For ages 11-15.

Freedom Isn’t Free - Our Working Constitution - Our Constitution is repeatedly mentioned in today’s political discussions, in this 6-week class you will learn what it means to you as an average citizen. Begins May 2.

Homebuyer’s Education - This valuable 1-week class will send you home with the information you need to consider when buying a home. Meets May 6, 7, and 8.

Many more new classes are listed in our brochure and online:

- Cooking Cajun & Creole • Cooking Modern European
- Basics of Beekeeping and Crafting
- Mushrooms of New England • Explorer Pack Basket
- Make a Felted Crow Patch

and 100 more returning classes, too!

[visit fivetowns.maineadulted.org](http://visitfivetowns.maineadulted.org)

Five Town CSD Adult Ed has been offering a variety of programs since 1969. Whether your needs are academic, workforce, or just to have fun, we have something for you. Many of our offerings are available year-round, and we have an excellent selection of online courses.

Academic

The Adult Learning Center is open 12 months a year for academic support. Adult Education is your path to college and career success. Grant funding is based on learner eligibility and varies depending upon the career path chosen. We can help with that.

Certificate Programs

Among our most popular online certificate programs are Data Analysis, Bookkeeping, Project Management, Leadership Development, Mastering Excel, Accounting Fundamentals, and QuickBooks Online.

Drivers Ed

A new driver’s ed class begins every month at CHRHS. Go to www.roysdriving.com, look for the Rockport location, then check for the schedule and availability.



SUNDOG OUTDOOR LEADERSHIP INITIATIVE

Girls Adventure Group

Each session will focus on a different physical challenge and have a different local expert to lead discussions on topics related to self care, resilience, confidence, craftsmanship and integrity.

Activities Include:

Hiking

SUP

Yoga & Meditation

Contrast Therapy (Cold water/Sauna)

Service Project

No Experience Necessary - Scholarships Available

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9th-12th Graders

Led by Registered Maine Guide Emily Morong

Sundays: April 21, 28, May 5, 12

1-5pm

All equipment included

Tuition: \$200

