

**HEALTH HISTORY FORM**

2023-2024

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Health Care Provider: \_\_\_\_\_ Dentist: \_\_\_\_\_

Does your child have any known medical problems? YES NO

If yes, explain: \_\_\_\_\_

Has your child had any serious illness, injury or hospitalization in the past year? YES NO

If yes, explain: \_\_\_\_\_

Has your child ever been diagnosed with a concussion? YES NO

If yes, when: \_\_\_\_\_

Has your child had any recent emotional upset/mental health concerns? YES NO

If yes, explain: \_\_\_\_\_

**Current Medications: Include ALL medications your child is taking (attach list if needed).**

Medication	Dose	Reason

**Check the following information as it applies to your child:****Vision:** My child wears glasses or contacts: YES NO

List any vision needs at school: \_\_\_\_\_

**Hearing:** My child wears hearing aids or other hearing device: YES NO

List any hearing needs at school: \_\_\_\_\_

**\* Asthma:** My child uses an inhaler or nebulizer: YES NO**\* Allergies:** My child is allergic to: \_\_\_\_\_

My child has an epi-pen: YES NO

**\*All students with life-threatening allergies or asthma requiring emergency medications must have an annual Action Plan signed by the healthcare provider and parent. Action Plan forms are available on the school website or from the school nurse.**

Do you give permission for your child to receive the following medications from the school nurse?

Ibuprofen (Advil):	YES	NO	Anti-Itch lotion	YES	NO
Acetaminophen (Tylenol):	YES	NO	Cough Drops	YES	NO
Antacid Tabs (Tums):	YES	NO	Anbesol	YES	NO
Antibiotic Ointment:	YES	NO			

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

***If you have any concerns or questions, please contact the school nurse at 236-7800 ext. 3250***

*Camden Hills Regional High School*  
**HEALTH CONSENT FORM**  
*2023-2024*

\_\_\_\_\_ has my permission to participate in a full athletic program in the Five Town CSD. I accept full responsibility for any and all financial obligations incurred as a result of injury to my child while they are taking part in the program. I realize that there is a risk of injury (sometimes severe) that is inherent in all sports, and I release the Five Town CSD, the administration, staff, coaches, and any other school officials or employees from any claim that may arise during such participation, unless the accident is the direct result of negligence on the part of any of the persons mentioned above.

I attest that Camden Hills Regional High School has permission to obtain medical care for my child in case of an emergency requiring immediate attention. I understand that I am fully responsible for all costs associated with this need. I also understand that if my child is injured or ill enough to receive medical attention, they will have to present a physician's permission to return to active participation in sports.

Five Town CSD recommends that you **provide adequate medical coverage for your child to properly cover any and all financial obligations incurred as a result of injury to them while participating in school activities.**

**The school insurance is strongly recommended for all students who are not adequately covered by other health plans or who do not have dental plans.**

*Information on insurance may be obtained from the CHRHS nurse's office at 236-7800, ext. 250.*

My son/daughter is covered by the plan listed below:

\_\_\_\_\_ School Insurance      \_\_\_\_\_ Maine Care      \_\_\_\_\_ Private Insurance  
\_\_\_\_\_ Self-Insured (I agree to cover all health expenses incurred by my son or daughter)

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Parent /Guardian Signature*

**CHEMICAL SUBSTANCE AGREEMENT FOR ALL STUDENTS**

*2023-2024*

Participation in extra/co-curricular activities, whether athletics or non-athletics, is considered a privilege, and students who choose to participate in such activities will be held to a higher level of responsibility concerning the use of illegal chemical substances.

Students who are active or involved with athletic teams and/or non-athletic activities are considered subject to our Misuse of Chemical Substances by High School Students policy at all times and at all locations and will be held responsible under this Policy for confirmed violations of this Policy no matter where or when the violation occurs. This policy and its consequences are clearly stated in our student handbook and on our website.

**Rule: No student shall use, possess, be under the influence of, sell, furnish or distribute in any manner any substance declared illegal by state or federal law, including alcoholic beverages, drugs, tobacco products, inhalants, controlled substances not prescribed to the individual, or look-alikes.**

Our signatures state that we have read the entire Misuse of Chemical Substances Policy (available at [CHRHS.fivetowns.net](http://CHRHS.fivetowns.net)) and understand our responsibility and the consequences for not adhering to it.

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Parent /Guardian Signature*

\_\_\_\_\_  
*Parent/Guardian Printed*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Student Signature*

\_\_\_\_\_  
*Student Printed*

**CONCUSSION INFORMATION FOR ALL ATHLETES**

*2023-2024*

Our signatures state that we have read the entire Concussion Information Sheet (available at [www.fivetowns.net/chrhs](http://www.fivetowns.net/chrhs)) and understand our responsibility and the consequences for not adhering to it.

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Parent /Guardian Signature*

\_\_\_\_\_  
*Parent/Guardian Printed*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Student Athlete Signature*

\_\_\_\_\_  
*Student Printed*

*All students please note that the Athletic Trainer's duties do not include treating student athlete injuries that occur outside of CHRHS sports programs.*