

9/9/2020

Daily Health Check with My MED Bot

Directions for MyMedBot

This message is to let you know that all students who are attending school either remotely or in-person at CHRHS, CRMS or CRES are required to complete a daily health check. This daily health check needs to be completed prior to your child boarding the school bus or being dropped off at school. We need your help and assistance in order for staff and students to stay healthy and well as we start our school year.

On Wednesday, you will be receiving an email from MyMedBot directing you to download an app and login using a secure code. **If you have multiple children you only receive one login.** You may want to have your child (age appropriate) also be able to access this checklist with your login. **You will have to share the login in with your child for them to be able to complete the check on their device.** This app will house the daily health checklist. Every morning at 6:30, you will receive a notification asking you to complete the checklist for/with your child. The app will continue to send you reminders every 15 minutes until the checklist is completed. The checklist can be completed up to 2 hours prior to the scheduled time and 4 hours after. If you do not have a phone that can accommodate this app, you can also go to your child's school website and on the homepage - click on the MyMedBot icon. This health check list is another key component of our safety plan. Be on the lookout today for an email with directions. **We would like to try this out Thursday and Friday, as a practice run, even though school has not started.** Thank you for your support and continued partnership.

What to do if your child is sick with Covid symptoms or for other causes:

Daily Health Check for Students

1. A parent/student completes the daily health-check prior to boarding the bus or entering the school.
2. If a student is told to stay home based on their responses, the parent needs to call the school, as usual, to notify them of the absence. If a student who attends CHRHS or CRMS feels well enough to attend classes remotely, **parents will indicate this when they call the school.**
3. School nurse/admin will follow-up with students who did not complete the health check and complete the health check with the child (or ask the child to complete it for themselves). The school nurse/admin will follow up with parents to remind them of the importance of completing the health check prior to attending school.
4. Repeated failures to complete the health check could result in a student attending school remotely. Administration work with student and families as needed.

Student out sick

Non-COVID - parents call the school to let them know of the absence.

Possible COVID:

1. Symptoms could be COVID related (see health check above).
2. Contact your primary care physician and follow their instructions.
3. If a child is tested, they will need to stay home until the test results are known. Contact the school daily.

If the COVID test is negative:

The child must remain home until symptoms are improving and are fever-free for 24 hours without using any fever-reducing medication. A doctor's note is required to return to school.

If the COVID test is positive:

Contact the school nurse as soon as possible.

The school nurse and building administrator will follow the [SOP for the Investigation of COVID-19 in PreK-12 Schools in Maine.](#)

Return to school after at least 10 days have passed since the positive lab test **AND** fever-free for 24 hours without using any fever-reducing medication **AND** symptoms improving.

A doctor's note is required to return to school.

Student sick at school

1. The nurse/or backup staff will follow the [MDOE COVID -19 Child Feels/Appear Unwell Flowchart](#)
2. If symptoms presenting are COVID-like symptoms, the nurse/backup staff will isolate the individual and notify parents to pick up the student ASAP.

Mask Refusal

1. Students will be reminded by staff the importance of wearing a mask and explain why we wear masks for others. When staff observe a student without a mask, they will immediately ask the student to don their mask. All staff are also required to wear a mask.
2. Students will be provided a mask if they do not have one.
3. If a student continues to refuse to wear a mask, they will be sent home immediately.
4. Parents will be notified and reminded that it is required in order to attend school.
5. Repeated refusal to wear a mask will likely result in a student only having the option of remote attendance. The administration will work with students and families as needed.

Adults entering the school

All visitors who wish to enter the building (including parents dropping off student items) must complete the MyMedBot daily health check at the main entrance. There is a sign on the front door with a QR code that may be scanned to complete the health check, or you may opt to complete a paper form that is available outside the main entrance doors. Parents may also opt to leave the items on the Yellow Box that is outside the front door and forego the daily health check.

If you have questions or concerns about attendance, sick days and student item drop off, please contact us. You may leave a message at any time.

CHRHS Main Office 236-7800

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