

# Camden Hills Regional High School

Dr. Shawn Carlson  
Principal



Mr. Graham Bode  
Assistant Principal

Mr. Jeremy Marks  
Counseling Director

Mrs. Jen Curtis  
Assistant Principal

*We will provide the culture and resources to grow your mind, body, and heart*

On April 28th, the MPA provided updated mask guidance for spring sports. The new guidance reduces outdoor mask wearing expectations and this letter outlines how these expectations will be implemented at Camden Hills Regional High School. **Specifically, masks are no longer required for outdoor practices and competitions, however, masks are recommended when 6' distancing is hard to maintain. Due to the physical nature of lacrosse and the close contact of the sport, we are still requiring lacrosse players to wear masks while they practice and compete.** Below is the announcement from the Maine Principals Association (MPA) regarding the update on face coverings. The MPA provides guidelines for interscholastic athletics. This updated guidance mirrors the recent update to the State's Community Sports Guidelines.

- Masks are recommended if an athlete/coach cannot maintain at least 6 feet of physical distancing. Spectators will not be required to wear masks for outdoor events if they are able to maintain 6 feet of physical distancing.
- When student-athletes are off the playing surface and are outside (i.e. not in dugouts), they are not required to mask **as long as a minimum of six feet of physical distancing can be maintained. If six feet of physical distancing cannot be maintained, regardless if outside, students must wear a mask.**
- When teams huddle, if they cannot maintain six feet of physical distancing, persons must wear a mask.
- Rules on the bus have not changed. It is one person per seat and all persons on the bus must remain masked.
- When students go to and from the practice/competition facility, six feet of physical distancing must be met in order to take off the face covering and the student must be outside.
- Please note if our teams travel to another school for competition and that school requires masking (by athletes, coaches, spectators, etc.), everyone must follow the rules of each individual school. Please always carry a mask with you.
- Persons who still prefer to wear a mask are encouraged to continue to do so.
- If you have any questions or concerns, please do not hesitate to contact me. Feel free to share this with your parents. Please understand these guidelines may change again. I will update you as needed.

Jeff Hart  
CHRHS Athletic Director  
207-236-7800 ext. 3414