

# WINDJAMMER NEWS

## March Dates:

**Wednesday, 3/8:**

Early Release @ 2pm

**Wednesday, 3/8 @ 7pm:**

Dramafest Winter  
Play Performance

**Friday & Saturday, 3/10**

**& 3/11: Dramafest  
Regionals (Strom  
Auditorium) see p.  
14-15**

**Monday, 3/20:**

First Day of Spring!

**Wednesday, 3/22 @ 5-7**

**pm: Midcoast Climate &  
Energy Gathering (Wave  
Cafe) see p. 16**

**Friday, 3/24 @**

**9am-3pm: Red Cross  
Blood Drive (CHRHS  
Mini-Gym) see p. 2**



I am proud of the resilience and adaptability of our staff. When health conditions demanded CHRHS leverage technology, masking, and social distancing, our teachers and students pivoted admirably. These same qualities have continued to be part of the educational landscape as we reclaim what is essential for us as a school community in our path forward: personal connections.

The walls of CHRHS have not bound this year's interpersonal connections, nor have they only existed in the world of Zoom. Teachers and students alike have jumped at the chance to experience their education firsthand, from the Portland Museum of Art to Chinese cuisine in Boston. Field trips and overnight excursions provide authentic learning experiences and opportunities to engage with the world around us, including an international cultural trip scheduled for next month.

Guest speakers and community mentors are commonly welcomed into CHRHS, including an author presentation to expand our understanding of the Maine refugee experience and a visit from our local Representative Vicki Doudera. Interpersonal connections with audiences, big and small, are helping us move forward as we reclaim what is essential to our vibrant school community.

Emerging from the pandemic, our Chills community is demonstrating adaptability and innovation once again. I am grateful for the opportunities our educators foster to expand learning beyond the walls of CHRHS.

Jammer pride,

Jen

# Messages from the Main Office



Hello all,

Camden Hills Regional High School and the American Red Cross are hosting an upcoming blood drive.

Please join our lifesaving mission and schedule an appointment today!

**Drive Details:**

**Site:** Camden Hills Regional High School

**Address:** 25 Keelson Drive, Rockport, ME, 04856

**Room Name:** Wrestling Dance Room

**Date:** Fri Mar 24, 2023

**Time:** 09:00 AM - 02:00 PM

**Click here to sign up:** <https://rcblood.org/3xYFrKO>

All donors will receive a \$10 Visa e-gift card!

The need for blood is constant and only volunteer donors can fulfill that need for patients in our community. Nationwide, someone needs a unit of blood every 2 to 3 seconds and most of us will need blood in our lifetime.

Thank you for supporting the American Red Cross blood program!

Download the Red Cross Blood Donor App on the [App Store](#), [Google Play](#) or text BLOODAPP to 90999. Schedule appointments, view your blood type and results of your mini-physical, and track your donations.

## HELP WITH MATH?

Math help is available all periods in Math Directed Study Halls and 2 days per week in the Library with retired CHRHS math teacher, Bruce McKenzie.



## Back to School for Representative Vicki Doudera

Thanks to English teacher Patti Forster's initiative to take advantage of January's "Invite Your Maine Legislator to School" Month, District #41 State Representative Vicki Doudera spent Monday, March 6 visiting CHRHS classrooms. Using student school board representatives Kelsey Clayton, Flora Gurdon, and Bailey Curtis as guides, Doudera enjoyed glimpses of more than a dozen high school classrooms in action all around the building.

By the end of the day she'd experienced the full range of CHRHS course offerings: core classes in science, social studies, and English, electives such as foreign language, culinary discoveries, the Hatchery, plus a visit to the Special Education department. She was able to talk at more length with students researching solutions to climate change in Jamie Gillette's class (see below) and to educate students in Forster's class about the legislative process while she waited to testify on LD 405 (An Act to Prevent False Reporting Leading to Evacuation, Shutdown or Lockdown, a bill she co-sponsored) via Zoom. She also had the opportunity to eat lunch with members of the Women's Advocacy Club (Tula Bradley-Prindiville, Tatum Freeman, Charlotte Thackeray, Natalie Lindahl, Sofia Howell, and Chloe Root), Principal Curtis, Assistant Superintendent Carlson, Forster, and the student guides.

Forster was encouraged by the Maine County and State Teachers of the Year Association to invite Doudera based on an idea from Kevin Grover, Maine's 2010 Teacher of the Year, who advocated for building relationships between teachers and policy-makers. She was thrilled with the varied outcomes of the day, from Doudera's active engagement with students to the way she made clear the legislative process. "I was especially impressed with how she got the students talking about problems they saw in their own communities and how from a legislator's eye they could best create change. By leading her to different classrooms, I actually got an excuse to peek into my colleagues' classrooms, helping make even more connections."

Jen Curtis had similar feelings. "Watching Representative Doudera give her legislative testimony alongside a group of female CHRHS activists was powerful. Not only did she model the democratic process of promoting a bill, but she also showed the value of being a change agent." Thank you to Representative Doudera for valuing our students and teaching them how to best elevate their voices.



Grade 9 students Garrett Hall, Alec Brown, Bowden Trzaska, Connor Howland, and Evan Kimble listen to Doudera explain how a bill moves through the Legislature.

Representative Doudera's time spent in Jamie Gillette's class was a result of Doudera's interest in addressing climate change and the current focus of Gillette's Honors 9 English curriculum. The course features a focus on climate change in Quarters 2 and 3. Earlier, students read and then wrote stories within the emerging genre of 'cli-fi' ('climate fiction'). In the present unit, groups have chosen two competing solutions that are or could reduce carbon emissions and will debate which is the most urgent, with the class voting on which side made a more convincing argument. They will then take the skills learned through this sequence to "Communicate for Change" with an audience and topic of their choice. The goal is to assist students to become agents of change and remain hopeful for the future.

Doudera used her knowledge about and passion for environmental activism to be a resource for student research. She informed students about current activity in the State House related to limiting carbon emissions in the transportation sector, advised students about the most effective practices for lobbying legislators on issues of interest to students, and educated groups about recent state actions related to their chosen solutions.

Student Maddy St. Charles was one among many who directly benefitted from Doudera's visit. "She helped us learn specific laws directly related to protecting Maine's coastal wetlands, which was very helpful to making a better argument." Doudera also shared her expertise on the situation with plastic recycling in Midcoast Maine and the controversy over off-shore wind turbines with other student groups.

Gillette will present an overview of the curriculum sequence as well as materials that support it at the upcoming state-wide Maine Council for English Language Arts conference in Portland on March 17.



(Left) Doudera discusses development in Maine's on-shore and off-shore wind turbines with Charlotte Milos, Teague Buchanan, and Mickey Nowell.



(Right) Morgan Blanchette and Olivia Johns learn about changes to Maine's bottle bill from Doudera.



## Gardening & Horticulture

Margo Murphy & Sarah Mismash, Teachers

Students in our Gardening and Horticulture class have been getting some lessons in the pruning of fruit trees from **Brien Davis of Hope Orchards**. Brien has been providing his expert guidance as students prepare the CHRHS orchard for the coming spring. When asked to summarize his advice, the students said, "Cut the branches that grow straight up and down, the ones that grow back towards the tree, and make sure the branches are not overlapping each other so they all get enough air and sunlight".



CHRHS has about 50 trees in their orchard, a mix of apple, pear and peach. The orchard is used by student programs and the occasional deer or porcupine. **Maine Agriculture in the Classroom** has awarded CHRHS a \$2000 grant which will be used to build a fence to help prevent any future four-legged visitors both in the orchard and in the school garden. The fence will be installed this spring and will be a welcome addition to the orchard to help protect the "fruits" of these students' labor.

Many thanks to Brien for his generosity with his time and his knowledge!



## French

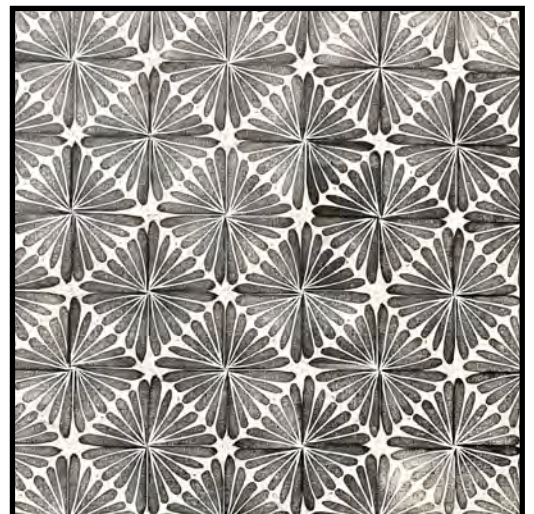
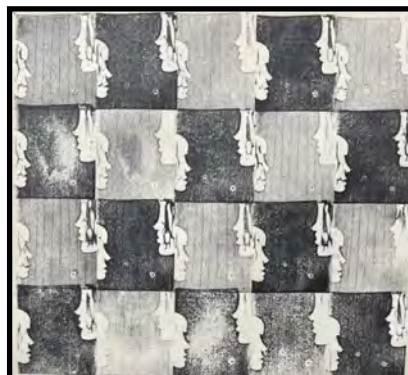
Abby Van Hoewyk, Teacher

French students at CHRHS are participating in Manie Musicale, a world-wide celebration of Francophone music during the month of March. Similar to the NCAA basketball tournament, each student fills out a bracket, and we vote on our favorite songs. Pictured below are Rana Abess '25 and Cameron Hiliard '26.



## Printmaking

Work by Lute Campbell '23, Oona Stewart '24, Harper Lilly '25,





## Transitional Life Skills Program March News

As usual, the Windjammer athletes in the Transitional Life Skills Program have had a very busy winter. During January & February, while we waited for snow, we practiced both nordic skiing and unified basketball.

On March 7th we will travel to Waterville for the **Special Olympic Maine Nordic Ski Championships!** **Thank you to Maine Sport** for the nordic gear! In addition, athletes & team unified partners will play a total of 6 **Unified Basketball games** this season. Unified Sports are offered through Special Olympics and supported by Windjammer students and staff. CHRHS offers a unified bowling meet, a unified basketball season and unified track events.

Team sports bring people together. **Special Olympics Unified Sports** teams do that and much more – in a really fun way! Unified Sports are dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports joins people with and without intellectual disabilities on the same team and it was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.



Unified Sports teams are made up of an approximately equal number of athletes (people with intellectual disabilities) and Unified Partners (people without intellectual disabilities). Our Unified teams dramatically increase inclusion in the community, using sports to help break down barriers that have historically kept people apart. Teams are made up of people of similar age and ability, which makes practices more fun and games more challenging and exciting for all.

Stay tuned for the annual regional SOME track meet details. We would love to have several Windjammer volunteers at this event on May 12th here at CHRHS!

**Unified Team Members: front row left to right - Kara Andrews, Emily Brown, Madison Marshall, & Autumn Foster, back row left to right - Emma Deetjen, Christopher Genther, Addie Cortese, Mae Dostie, & Micah Mosheyev**

On March 3rd, CHRHS participated in the **Spread The Word Pledge**. The 2023 theme "**Spread the Word Inclusion**": **Going All In(clusive)** is action-oriented and a motivational rallying cry that doubles down on the belief that **everyone** is the goal of our efforts. We are calling on our youth, our Special Olympics athletes and ambassadors to share their stories of courage, dedication, and engagement for inclusion. When was the last time that you **went all in(clusive)** - totally committed to something, stood up for something you believed in. In a call to action, each individual message is encouraged to end with a personal commitment on how you plan to "**go all in**" to take their own action for inclusion.

To find out more about Spread The Word, access the following sources:

**Facebook:** <https://www.facebook.com/unifiedchampionschoolsandclubsmaine>

**Instagram:** @ucsmaine / #generationunified

## Camden Hills Athletics From "The Hart"

The **2022-23 Winter Sports Season** has ended for everyone except **Unified Basketball**. If you have not been to one of those games, you should check one out! The remaining schedule is included with this newsletter.



The Winter was exceptional for all our teams. While not everyone won a State Championship, the process of working through the seasons, the commitments to teams, and the display of sportsmanship, were all outstanding. I once again sit here very proud to say that I am the Athletic Director here at Camden Hills.



**Girls Basketball** finished as the #4 seed in the Northern Maine region where they lost to #5 Nokomis in the quarterfinals at the Augusta Civic Center. Congratulations to **Coach Samantha Bragg** for being selected by her peers as the **KVAC Coach of the Year!**

**Boys Basketball** finished as the #8 seed and lost to #1 seed and eventual State Champion Brewer in the quarterfinals. The boys were the only team in the tournament to give Brewer a game, as we were up by seven points at halftime, but fell a little short.

**Ice Hockey** finished as the #5 seed and lost to #4 seed Hampden Academy in the quarterfinals by the score of 2-1. The team played a great game, and with all the adversity they had to overcome this year with injuries, etc., they should be very proud of their accomplishments.





The **Wrestling Team** had another tremendous season, winning the **KVAC championship**, the **Northern Maine Regional**, and finishing fourth in the State in Class A. In addition, we qualified five wrestlers to go to the New England's – Julian Henderson, Landon Pease, Connor Pease, Michael Rollins, and Justin Batty. **Congratulations to Coach Patrick Kelly on being named the KVAC Coach of the Year!**

Both the **Alpine and Nordic Ski Teams** had great seasons, despite having to wait until late in the season to have much snow. **Landon Marquis** had a great Alpine Ski season. His first-place slalom finish in the State Meet qualified him to compete in the Maine High School Shoutout in the Men's Slalom and Giant Slalom. He finished 2nd in Slalom and 4th in the Giant Slalom, squeezing out a 3rd place overall finish after crashing on both events on his 2nd runs out of 46 racers. Great job Landon!



Saving the best for last, our **Swim Teams** had another great season! Our **girls team** won their second consecutive **State Championship!** **Congratulations to Coach Mark McCluskey on being named KVAC Sim Coach of the Year** and our dominant Windjammer Swim Team! Winning just one State Championship is impressive . . . but to follow it up the next year . . . that's the start of a swimming dynasty! And to top it all off – the girls only had 2 seniors, so the future looks even brighter!

**Spring Sports** are right around the corner and here is some important information and dates for you . . .

Spring Sports start with baseball and softball being allowed to work with developing the throwing arms starting with the week of March 20<sup>th</sup>. All other Spring Sports start on March 27<sup>th</sup>. Here is the link for students to sign up for all our Spring Sports, which include Track and Field, Baseball, Softball, Boys Lacrosse, Girls Lacrosse, Boys Tennis, Girls Tennis, Sailing, and Ultimate Frisbee . . .

<https://docs.google.com/forms/d/1sjfyZJGZ5i7cAW4vWklrVcthvSfPBBxbmfNmvCtpTI/edit>

We will have a **Spring Sports** meeting on **Thursday, March 9<sup>th</sup> at 3:30** in the gymnasium for all students who will want to participate. This meeting will be a chance for the coaches to meet with everyone and hand out important information.

One important piece of information for the Spring is that most activities have events that take place during April Vacation, so plan accordingly. We are working on the game schedules, and those should be posted shortly.

I hope to see you at all the upcoming events!

**Go Windjammers!**

**Unified Basketball  
(remaining schedule)**

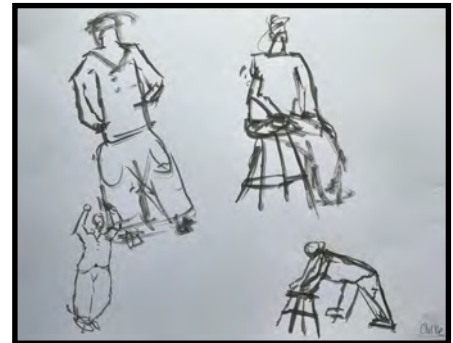
- 03/10/2023 4:00 @ Lincoln Academy (AWAY)
- 03/14/2023 3:30 vs Medomak (HOME) #REDOUT (wear red to our home game)
- 03/16/2023 3:30 vs Lincoln Academy (HOME) #BLACKOUT (wear black to our home game)

## Drawing

Carolyn Brown, Teacher

Ms. Brown's Drawing class has been working with brush and ink, working with expressive line, and value. Students started with brush experiments, then worked abstractly; next they worked on landscapes, and finally gestural figure drawings. They are further developing skills in figure drawing with graphite, pen and collage.

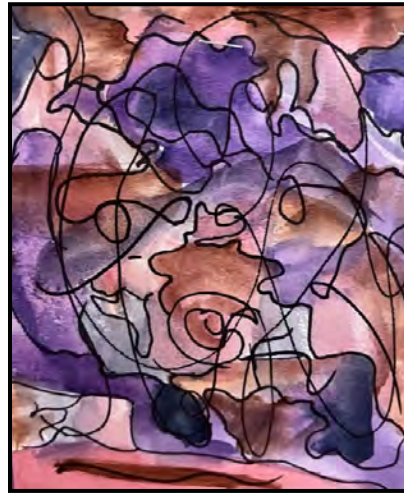
Featured work clockwise from right: Patience Marr '26, Charlie Nicolet '25, Matilda Marks '26, Evan Kimble '26 and Vincent Mainella '25





**Drawing**  
**Suzanne Southworth, Teacher**

Cara Rothwell '26 and Luciana Hall '26



## Jewelry

**Carolyn Brown, Teacher**

Jewelry Classes have been learning the basics of metalworking and studio tools and practices. The culminating introductory project was to design and create a medal, with a functioning handmade wire pin. They used sheet copper, found objects, metal stamps, and wire, and learned how to make simple cold connections to hold it all together.



Featured left to right: Westen DeWaard '23 ,Max Seeber '26, Harper Lilly '25,

## Advanced Art / Portfolio

Kirsten Campbell, Teacher

### *Elevated Still Lives*



Clockwise from left:

*Brushes & Feathers*, watercolor on paper - Lute Campbell '23; *Conch Shell & Candle*, acrylic and wax on canvas - Sofia Howell '24; *Mouse Bones in a Jar*, acrylic on canvas - Caroline Dishop '23; *Diet Coke*, acrylic on found wood - Allie McKenzie '23





# A Play With Words

Written by Peter Bloedel.

Presented by special arrangement with Playscripts, Inc.



Friday, March 3 and Wednesday,  
March 8 at 7:00. \$5 at the door.  
Regional Drama Festival is March 10 &  
11, scan QR code for more info





## Maine Drama Festival

Once again we are proud to be a regional site for the statewide **MPA Drama Festival**. Sponsored by the Maine Principals' Association in cooperation with the Maine Drama Council, this annual event involves 80 schools and more than 2000 Maine high school students. The primary purpose of the competition is to encourage high school theater and to give dedicated young performers the opportunity to see the best work of others who have the same passion for the stage.

On **March 10-11** we will be hosting 8 schools (including CHRHS) for a day and a half of student drama productions in the **Strom Auditorium**. This is an adjudicated event and one Class A school and one Class B school from our site will be advancing to the State Drama Festival on March 24-25 at Lawrence HS (Class A) and Ellsworth HS (Class B).

The public is invited to attend any or all of the performances, and we would love to have some support for our own students who will be performing on Friday evening at 8pm.

Tickets are available at the door for all performances.

Students/seniors tickets are \$5 and adults are \$10 for each session of plays.

### Friday Evening Performances 6:00pm

Oceanside High School

Wiscasset High School

Camden Hills Regional High School

*13 Ways to Screw up Your College Interview*

*After the Battle*

*A Play with Words*

### Saturday Afternoon Performances 1:00 pm

North Haven Community School

Gorham High School

Portland High School

*Ah, Eurydice!*

*The Terezin Promise*

*The Graduation Project*

### Saturday Afternoon Performances 1:00 pm

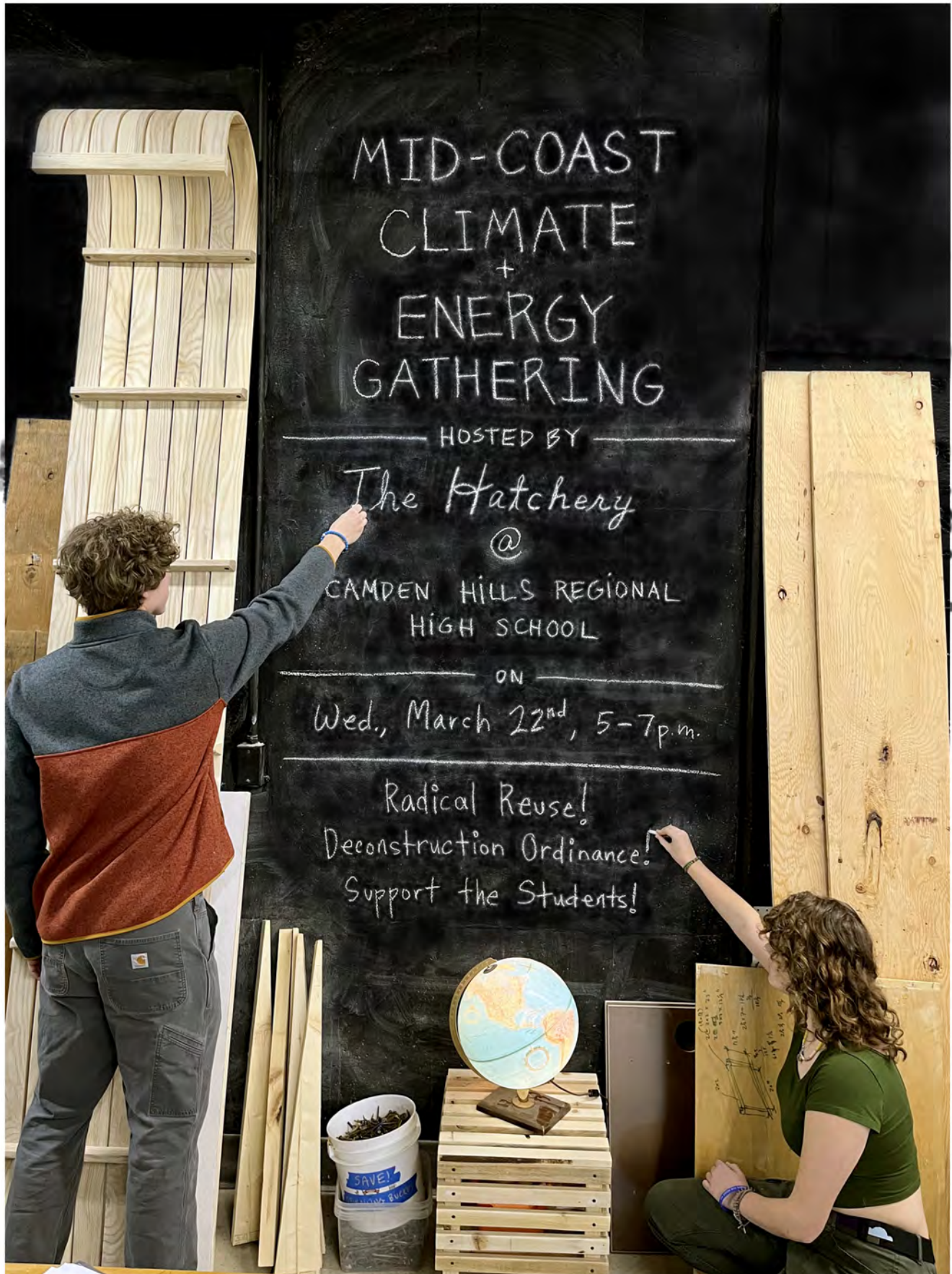
Boothbay Region High School

Falmouth High School

*The Census Taker*

*Black Comedy*









## CLASS OF 2026 BOTTLE & CAN DRIVE @ Coastal Opportunities

**What:** Bring your marked bags of bottles & cans to support the class of 2026!

**When:** Tuesday-Friday, 9-4 or Saturday, 9-2

**Where:** 35 Limerock St., Camden



## BIKE RACKS FOR SALE

Designed and built by students  
in the Hatchery Workshop

Made entirely from repurposed  
cafeteria booth material

All proceeds support the  
student-led AD HOC BIKE SHOP

**\$45.00**  
each

Contact Emmett Edge for  
details @ [etedge13@gmail.com](mailto:etedge13@gmail.com)







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## Support Our Online Fruit Fundraiser

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Camden Hills Regional High School, 2<sup>nd</sup> Annual Citrus Fundraiser to Benefit Wellness Activities and Our CHRHS Community Health

Open Order Dates-January 23 through March 24<sup>th</sup>, 2023.

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### NAVEL ORANGES



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