WINDJAMMER NEWS

February Dates:

Friday, 2/5/21:
"Get Your Pink on

Day" (NHS fundraiser for Breast Cancer Awareness)

Friday, 2/12/21: Early Release

2/15-2/19: February Break/No School



Eve Dove '24

From the Principal

We have reached the midpoint of the year and what a year it has been to date. The amount of change and the pace of that change at the school has been overwhelming at times for everyone involved, parents, students, and staff. I sincerely hope and intend to minimize that change in the second semester. We all could use a little stability in the routines, the schedules, and how we are attending (remotely or inperson). Thank you for your patience and flexibility as we try to keep everything afloat.

I also would like to thank Superintendent Libby, Jeff Hart, our coaches, and our performing arts staff for continuing to find ways to expand what we can offer our students as the year has progressed. I am very aware of how disappointing it was to begin school with minimal opportunities for sports, performing arts, and other activities. As we shared then, we were committed to keeping the school open and felt the need to err on the side of caution. We have learned a lot this first semester and are now relieved to be able to allow for these extracurricular activities to continue in modified forms. Let's all remain vigilant in our safety steps so that we can continue to offer and expand what our students can do beyond their academics.

In the coming weeks I will be asking for your feedback again as part of self-reflection. I hope you will take the time to share your thoughts with me. I also will be summarizing your feedback on the new schedule to share with the CSD board this Wednesday. After that meeting, I will make my presentation available to you through our website if you would like to hear what other parents, staff, and students have said.

Best, Principal Carlson



Michael Thomas '23

HELLO FROM THE WAVE CAFE!

Whether you are in school or at home in school we are happy to continue to offer you our homemade breakfasts and lunches.

The USDA extended the waiver that makes all student meals free of charge this year, so sign up now!

We are still delivering meals daily, the link for remote learners is https://www.fivetowns.net/ remoteorder. In person learners will continue to order with Linq.

Looking ahead: March 8-12 is National School Breakfast Week!

We are planning on rocking some cool & yummy new food to celebrate!

Thank you to all for letting us be a delicious and healthy part of your day!

Messages from the Main Office:

Attendance

Important Reminder to Parents

Whether your student is In Person, a Remote Learner, or Zooming in for the just the day - the Main Office needs to hear from you if there is any change with your student's attendance for their classes (sick, has an appointment, is going to be tardy or needs to be released early)!

Please call 236-7800 or email directly to the attendance secretary - amy.clevette@fivetowns.net



"Layers" Will Jurek '22

Snow Days/Remote Snow Days/Delays (Please note the change as of 1/18/21)

Snow Cancellation/Delay Notifications will be announce through the following methods only when there is an announcement to make:

Automated calls from the school will also occur.

- 1) Automated calls from the School (voice call/email/text)
- 2) School Facebook pages
- 3) Village Soup www.villagesoup.com 4) WCSH-Channel 6



News from the CHRHS Transitional Skills Program Anastasia Alley, Coordinator CHRHS Transitional Life Skills

We have been so busy, we have not had a moment to share all of the positive things we've experienced so far this school year!

So here goes... At our end of summer event, we were able to visit a small island for a picnic & tidal exploration. It was a beautiful day & fun boat ride; everyone was so very respectful of physical distancing rules.

This year, due to obvious reasons, we have not been able to hold our annual Special Olympics Bowling, Winter Games & Swimming Events, which has been disappointing. However, this has not stopped us from enjoying the season. We hiked, tree tipped, made wreaths & ornaments. We also exchanged gifts, and wrapped gifts for others. Most students made the honor roll, and one student received his first library card (walked there during a snow day/ storm no less!) at the new Rockport Public Library. We have been nordic skiing (thanks to Maine Sport!) and during January, we began daily morning yoga classes (thanks to our on-site certified yoga instructor Christina).

We are so very proud of our students' resilience and perseverance during this time of constant change.



"Not COVID Better, But In-Real-Life Better"

Nell Dailey, Social Studies, Department Head

Opening a class has a few additional tasks these days, such as Zooming, wiping desks, physical distancing reminders, online and in-person access to materials. We have confirmed our health with MyMedBot, mostly to silence the incessant reminders. We can locate our school ID cards so we can enter through any door. Schoology is updated and we are logged in. Students, both my "homies" (my remote learners) and my "roomies" (my in-person learners) are getting better at it, I am getting better at it, and school is beginning to feel... better.

And not "COVID better," but in-real-life better.

I can attribute this feeling to our students' sense of curiosity, the school staff's flexibility and hard work, parents and community members' dedicated support of our work. Thank you. Thank you all for being part of this real-life team.

On January 6, 2021, our whole community was faced with the task of understanding what was happening at the United States Capitol in Washington D.C. We watched, we talked, we asked questions and we did so in school, at home, online, and through social media. I appreciated that students took the situation seriously by asking questions of one another. Their curiosity, rather than their emotions, drove the conversation. School staff found the teachable moments and spoke directly about how to have the conversations: about listening, seeking to understand, asking for evidence, providing sources. And the conversations clearly continued into the community who reached out to include student voices. It is hard to have these conversations and yet, we are getting better at these too.

Our real-life team – our students, our staff, our community – continues to connect with one another, learning to read eyes and not lips, learning to find the connections between us rather than the divisions, perfecting our air-hugs and elbow bumps. Learning from one another, we are better.

Above: "Layers" Greer LaFiura '24





Visual & Performing Arts Department



Printmaking
Carolyn Brown, Teacher
Students finished their
multiple-color block prints, and
are finishing the semester with
monoprinting and scratchboard
drawing.

Clockwise from top left: Anna Hildreth '24, Eve Dove '24, and Caleb Sabanty '22



Painting Kristen Campbell, Teacher

Featured work clockwise from above: Katherine upham '22, Ian Orsmond '21, Annalee Gray '21, Madison Boetsch '21, and William Jurek '22









Photography Carolyn Brown, Teacher

For the beginning of a unit on light, students made sculpture from tag board with the goal of altering light - how it reflects back, passes through the work, or creates shadows. The 2nd part was photographing the pieces in strong directional light, creating abstract images - inspired by the photographs of Edward Weston and Aaron Siskind.



Featured work, clockwise from above: Griffin Carnell '23, Emmet Marshall '24, and Ayden Alberti '24, Matthew Clayton '23



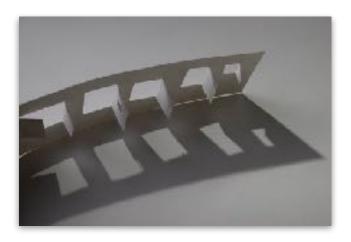






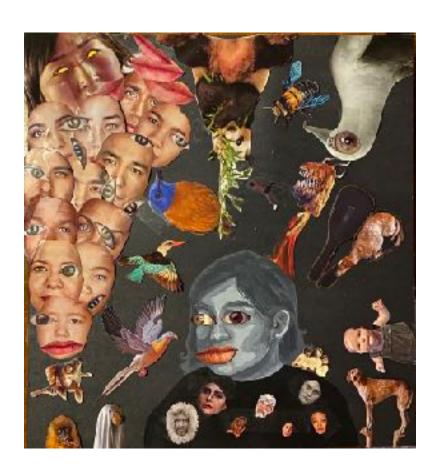
Photo & Mixed Media Surrealism Project

Carolyn Brown, Teacher

Students learned about the historical and cultural roots of Surrealism, including the relationship to Sigmund Freud's exploration of the subconscious mind and the cultural impacts of WW1.

After brainstorming with drawings, students created original imagery using characteristics of Surrealism. Students used digital apps including Photoshop and ArtStudio to create layered photo montages - some remote students chose options of Surrealist collage or drawings.

Maggie Blood '24, and below - Nora Finck '24



Camden Hills Athletics From "The Hart"

Winter Sports

We are in the middle of our Winter Sports season, and things are looking up here at Camden Hills. Because of modifications made by the State, we have been able to have some competitive events. Our basketball teams are playing regional schedules. Our hockey team has been playing intra-squad scrimmages, but we are now able to play some competitions, and I am spending this week working on their schedule for the rest of the winter. Alpine and Nordic Ski teams are preparing for some competitions. The Alpine teams have been able to go to one race so far but have more in the near future. Nordic has had one meet, and they are waiting for more snow so that they can continue with their season. Hopefully that is right around the corner! The Swim teams are having virtual races – with swim teams from across the state. Wrestling is not happening right now, and we are awaiting word from the MPA in regard to that.

We are working on livestreaming as many events as we can. Keep watching on the Facebook Athletics page to get more details on that. I would like to thank Tom Heath, who set up a camera in the gym for the basketball teams, and the people who are stepping up to volunteer for the hockey and swim teams. If you have any thoughts about doing some of that for any team that I did not list, please feel free to contact me.

Having said all that, I am looking forward to . . . The Spring Season

I have high hopes that the Spring Season will be able to happen this year. We do not know what will go on with this virus, but the way things are looking, I am optimistic that we will be able to have some sort of season. It may mean that we continue with regional scheduling. It may mean that we might not have State Championships. But who knows? I remain optimistic, and I hope you do, too.

I want to thank everyone AGAIN for their patience with everything that is happening. Things continue to change quickly and sometimes without notice, and everyone has to be ready to adapt, whether it be the athletes, the coaches, or the parents. I continue to ask for everyone to remain kind, give everyone the benefit of the doubt, and do everything we can to make this a positive experience for our students.

Best,

Jeff Hart Camden Hills Athletic Director

SCHOOL OF TECHNOLOGY











These CHRHS MCST students took part in the annual in-house Skills USA Competition on January 21st & 22nd:

Skylar Joy - Baking, Meg Gleasner - Culinary, Marley Patten - CNC Machining,
Dylan Mackey and Grady Brown - Firefighting
Not picture: Amos Spillane - Additive Manufacturing

Program Enrollment Spring 2021

Students that are interested can visit before or after school, prior to 8:30 am and after 2:00 pm. A virtual meeting can be set up with the student, parents and the program instructor. Applications will be ON-LINE and found on our http://midcoast.mainecte.org. The application deadline is March 19. After that students will have a Zoom interview with the Instructor and the Student Services Coordinator. Students should receive their letters of notification by the end of May.

For more information or some virtual tours - visit our Instagram page at @midcoasttech or see Ms. Pelletier in room 351.

NEW STAFF @ Midcoast School of Technology



Justin Willis: Pre-Engineering and CTE Exploratory Program (Camden Hills) Instructor, recently moved to Rockland after growing up just across the bay in Penobscot, ME. He graduated from the University of Maine's Mechanical Engineering Technology bachelor's program in 2018. While enrolled at the University, Justin has also worked as a Research Technician intern in the research engineering department of Maine Maritime Academy, and at the composite manufacturer Compotech Inc. in Brewer, ME. During his undergraduate degree, Justin tutored Technical Physics and

Calculus courses for the University of Maine as a CRLA-certified Experienced Tutor. He also provided homework help and study skills tutoring to students at Old Town High School and Leonard Middle School, free of charge through a nonprofit program he began at New Life Old Town church and youth center. He found out about the Master of Science (M.S.T.) program after having the opportunity to work with UMaine's Research in STEM Education center as a Maine Learning Assistant (MLA). He recently graduated with his M.S.T. degree, presenting a thesis on methods of teaching statistics concepts to diverse learners. His research interests include applied statistics education, education methods in engineering, and career and technical education. When not at the school, Justin enjoys collecting antique measuring tools and amateur radio.



Julian Stearns: MCST's new instructor for Residential Construction Technology. From an early age, Julian has been interested in building. His first real introduction into the field of carpentry came at the age of fourteen when he worked his first summer for his father. Since then, he has earned an Associates Degree in Applied Science in Building Construction from Eastern Maine Community College, and subsequently worked in the field throughout the state of Maine. Julian is thrilled to be able to share his experience with his students this coming year. He plans to provide them with both

the technical and professional skills they need to be successful within the field of carpentry. When Julian is not at school, he can be found exploring the state by bike, boat, backpack, or ski. He also enjoys experimenting in the kitchen, and sharing his creations with friends and family.



Surrealism -Hunter Frank '22



FEBRUARY 2021

ESVM LIBRARY

N E W S



Super Reader

ALEX TURNER HAS READ 25 BOOKS (SO FAR) THIS YEAR

Alex Turner, 9th grader, is our Midyear ESVM Library Super Reader -- 25 books since the start of the school year! Alex's favorite genres are "psychological thriller, mystery, and horror" because she likes guessing at the ending of the story, and she especially enjoys a "dark turn or plot twist." One author Alex noted is Lois Duncan, a classic "Thrills and Chills" writer; she's the author of *The Face on the Milk Carton* and *Killing Mr. Griffin*.

Alex is a one-book-at-a-time type of reader. Asked whether she always finishes a book, she answered: "Hate to say it, but yes, even ones I hate!" But there was one book Alex couldn't finish this year for English class. She "just couldn't get into it, probably because I was forced to read it. I can be pretty stubborn." Alex reads whenever she can: after school, before bed, or in the middle of the night. In summer, Alex might read all day! She always carries a book in her bag just in case she gets a free moment and she can't stand stopping before the end of a chapter.

CONGRATULATIONS, ALEX!

Valentines To-Go kits are available in the ESVM Library!



Make one for a friend, a sweetie, your mom, your crush

AND ALSO...

We're collecting Valentines for some folks who could use a boost! There are two ways you can bring some kindness to our community:

- Our SLACers are collecting Valentines for elders at Quarry Hill!
- Our Health and Human Wellness Club is collecting Valentines for Avery Luft! Avery is a 9th grade CHRHS student who was recently diagnosed with Acute Lymphocytic leukemia.

Come grab a To-Go kit from the Library: Valentines templates from Mrs. E., plus colorful papers and stickers thanks to Ms. Brown!

Bring your Valentines to the ESVM Library by Feb. 10th

QUICK LINKS

- ESVM Library February News FULL EDITION!
- ESVM Fall 2020 Report stats and stories from the ESVM Library
- ESVM Library January News
- ESVM Library News (on the website)

Follow the ESVM Library news as it happens





CLICK <u>HERE</u>
FOR MORE NEWS!

NOTES FROM THE SCHOOL NURSE

Janis Hogan RN, Nationally Certified School Nurse

COVID 19 Vaccine

While it may be a while before Covid-19 vaccine is widely available, please check this website: Covid-19 Vaccination Sites in Maine for your eligibility and where to sign up.

Sara Alert and Covid-19 Close Contact Monitoring

The Maine Department of Education (DOE) contact tracing team uses Sara Alert (844) 957-2721 to monitor students and staff in PK-12 schools who have been in close contact to someone who has tested positive for COVID-19. Sara Alert is a public health system that supports the Maine Center for Disease Control and Prevention (CDC) to monitor for symptoms amongst the school population. The following resources provide information to use Sara Alert safely:

- <u>Tips to Protect Yourself from Scams When Using Sara Alert™</u> (PDF)
- What will I see when I get a Sara Alert notice? (PDF)

REMINDER

- All students entering Grade 12 in September 2021 are required to submit documentation of Meningococcal Vaccine (MCV4) by the first day of school.
- All students not fully immunized on the first day of school in September may not attend, unless they have a signed letter or Medical Exemption form completed by a health care provider (doctor, nurse practitioner or physician's assistant).
- Contact your child's health care provider to make sure they are up to date on all of the vaccines.



Adult and Community Education continues to offer a selection of both important classes to help people get and improve their education and workforce skills, and those that are just a fun way to learn something new.

Among our upcoming classes are:

- Integrated education and training program for <u>CNA certificate</u> this program is free to qualified adults, and we have a new cohort beginning almost every month.
- <u>Behavioral Health Certification Training</u> this course is a great way for parents, grandparents and community members to help make a difference in a child's life and the need is great in our area.

These classes are offered remotely with ongoing enrollment available for the BHC Training class.

We are very excited to announce the return of Captain License OUPV/Six-pack and Master classes this coming spring! Two free information nights will be held in February, both the info nights and the full classes will be held over Zoom. Sign up for either February 16 or February 18 info night.

Drivers education continues with new classes beginning every month. Classes are held remotely and driving sessions follow Covid-19 guidelines. For more info visit https://www.roysdriving.com/ We are very excited to announce the return of Captain License OUPV/

We are able to continue holding a few in-person classes safely at the American Legion Hall in Camden. With small numbers and Covid-19 protocols in place, we've been able to offer sewing, craft, nature, art, lecture and language classes with great success – and a wonderful reception. Classes continue through February, then a new semester will begin in March. We also offer a large selection of online classes.

If you'd like a digital copy of the brochure, or to register for a class, visit our website – which also now includes a calendar of classes, both live and remote: fivetowns.maineadulted.org



Ocean Rancourt '21

Parents show appreciation for the CHRHS staff at the holidays and beyond!

Allison Pringle Bennett, School Social Worker

In the three days leading up to the holiday break, a group of CHILLS parents led by Cheryl LeBlond, came together to shower teachers and staff with holiday goodies in a show of their appreciation.

Starting the morning of Monday December 21st, the staff room was decorated with twinkle lights and wall to wall with holiday treats and baked goods, as well as homemade ornaments from a parent, a fridge overflowing with seltzer, and enough coffee, tea, and hot cocoa to last well into the new year. In addition, the parent group reached out about purchasing and donating a banner, which has now been placed at the front entrance of CHRHS. The banner serves as a symbol of appreciation for the frontline work that teachers and staff are doing this year.

Next time you are in the building, take a moment to look up and enjoy the banner!

The parent group hopes to organize on-going appreciation efforts for the remainder of this school year, in addition to possibly establishing a parent/teacher alliance going forward. If you are interested in being a part of this group now or in the future, please contact Cheryl LeBlond at bruegger@roadrunner.com

A huge thank you to the parents and families who organized and donated to this December's appreciationIt was a wonderful addition of joy and brightness to our week!

