WINDJAMMER NEWS

December Dates:

Friday, 12/4, 8am-3pm: School Photo Retake Day

Monday, 12/7: Winter Sports Begin

Wednesdays, 12/2, 12/9, 12/16, 12/23, Early Release @ 12:15pm

Friday, 12/18 @ 7pm
"A Christmas Carol:
The Radio Play
Livestream"
(Information on page 12)

Thursday, 12/24-Monday, 1/4: No School-Holiday Break

Thursday, 12/31: Last Day of 2020!

Friday, 1/1/21: Happy New Year!!

From the Principal

During this holiday season I want to reflect on the last few months. By many measures our reopening has been successful. This is in no small part due to the willingness of our student body to follow our safety guidelines. It is also due to your help at home, reminding your children to follow the guidelines and your diligence in keeping your children home or even getting them tested if they are not feeling well.

But our success to date would not have been possible without the dedication, effort and sacrifice our staff is making to educate our children. They are called essential workers in the state's guidance, but that misses a larger point, they are also frontline workers. Teachers and building staff are coming to school every day and exposing themselves to hundreds of other potential sources of the virus. I would estimate that in a week, they are surrounded by more people than many of us who can socially distance or work from home have been exposed to since the pandemic began. They are doing this for you and your children because they care so much about what education means to our society, our community and our children.

They are not the only frontline workers in our midst. We are all aware of the health care workers, but can easily walk by the people waiting on us in stores, garages, and other places of business. I want to publicly thank our staff and all of those other frontline workers willing to keep our society operating while they juggle their own fears and concerns. I hope you will take time this season to do the same. Happy holidays to all of you. We are all ready to put 2020 behind us and look forward to brighter days in 2021.

Principal Carlson



Matthew Booth '22

HELLO FROM THE WAVE CAFE!

.....

Whether you are in school or at home in school we are happy to continue to offer you our homemade breakfasts and lunches.

The USDA extended the waiver that makes all student meals free of charge this year, so sign up now!

At this time we are delivering meals daily, the link for remote learners is https://www.fivetowns.net/ remoteorder. In person learners will continue to order with Ling.

We have a new spot on the school website with quick links and guidance about ordering. Thank you to all for letting us be a delicious and healthy part of your day!

Messages from the Main Office:

Items to be picked up!

There are many, many items in the main lobby for remote and in person students to pick up.

Please remind your student to check the tables for art supplies, text books, tech items, school photos etc.- arranged alphabetically!

Attendance

Important Reminder to Parents!

Whether your student is In Person, a Remote Learner, or Zooming in for the just the day - the Main Office needs to hear from you if there is any change with your student's attendance for their classes (sick, has an appointment, is going to be tardy or needs to be release early)!

Please call 236-7800 or email chrhs.attendance@fivetowns.net or directly to the attendance secretary - amy.clevette@fivetowns.net



Lily Stowe '24

Snow Days / Remote Snow Days / Delays

Television and Radio Stations that announce CHRHS cancellations are listed below. Automated calls from the school will also occur.

Please keep a copy handy, winter weather is almost upon us...

WCSH (channel 6) WGME (channel 13)	WLBZ (channel 2)	WPXT (fox 51)	WABI (channel 5)
	WMTW (News 8, ABC)	WB 51	UPN 35
KISS (96.9 & 99.9 FM)	WERU (channel 89.9)	WTHT (107.5 FM)	WYNZ (100.9 FM)
WGAN (560 AM)	WMGX (93.1 FM)	WPOR (101.9 FM)	The Peak (102.5 FM).
The Bay (105.5 FM)	WKIT (100.3 FM)	WZON (620 AM)	WDME (103.1 FM),
WQCB (106.5)	WBZN (Z-107)	WEZQ (92.9 FM)	WWMJ (Magic 95.7)

www.villagesoup.com

YEARBOOKS

Order your yearbooks today!

For this year only we have a special price of \$50!

Go to https://www.jostens.com/apps/store/productBrowse/1067667/Camden-Hills-RegionalHigh-School/2021-Yearbook/20200929043251430135/CATALOG_SHOP/

TOYS FORTOTS

Donation Box is located in the Main Office of CHRHS.

Please help out a family in need by bringing a new, unused, unopened toy.

The deadline for donations is **Friday**, **December 11th**.



DRIVER'S EDUCATION

Driver's Education at CHRHS is approved for fully remote learning. While the state allowed a temporary change initially to deal with COVID restrictions, Roy's Driver's Education has now been approved to continue with remote classes. <u>For more information and to register, see the</u> flyer here.

Camden Hills Athletics From "The Hart"

CHRHS Fall Season

As we end the Fall Season and move onto what we hope is a great winter, I thought it would be appropriate to honor all of our Fall student/athletes and their coaches. In very difficult times – unprecedented times – our teams and their coaches pulled off a season that they will never forget. No, there will not be any State Championship memories, no tournament games, etc., etc. But there still was that comradery that occurs when one joins a high school sports team. There was the chance to go to practices and have intra-squad scrimmages. There were times to laugh (and cry) with teammates. We really did not know if we were going to get any of that. But, because of outstanding coaches, teammates, and parents . . . our student athletes were just that this fall – they were students and they were athletes. THAT is something to celebrate. So, I while I cannot honor all of the names of the student/athletes and their parents, I can name and honor all of the coaches who worked so hard to make this happen.

Girls Soccer: Coaches Meredith Messer

and Josh Mahar

Boys Soccer: Coaches Ryan Hurley, Trevor Vadas, and Dwight Pitcairn

Mountain Biking: Coaches Cy Scofield

and David Cooper

Golf: Coach Mark Wallace

Field Hockey: Coaches Lindsey Clement

and Linda Cowan

Football: Coaches Chris Christie, Joe

Russillo, and Tim Doran

Cross Country: Coaches Helen Bonzi

and Tom Gray

I know I speak for the entire school administration, staff, and student body when I say, thank you from the bottom of our hearts to all of these coaches, volunteers and booster clubs who went above and beyond to make it all happen.



CHRHS Boy's Soccer players, Chris Cammelieri, Lucas Wyman, Max Ergas and Avery Hackett volunteer with sorting items for the local NuDay Syria-Maine Chapter, in October 2020.

So that brings us to . . .

CHRHS Winter Season

Boys Basketball: Jon Moro jon.moro@fivetowns.net

Girls Basketball: Kim Kuhn kuhn5@roadrunner.com

Ice Hockey: John Magri jmagri@mathewsbrothers.com

Nordic Ski: Richard Stetson <u>richard.stetson@fivetowns.net</u>

Alpine Ski: Barry King <u>coachbearski@gmail.com</u>

Swimming Hodding Carter <u>hoddingcarter1@gmail.com</u>

Wrestling: TBA

To sign up for Winter Sports, follow these steps:

- ■Any student who is playing a club sport outside of Camden Hills will not be allowed to participate with the school teams.
- ■Contact the varsity coach of your sport via email to indicate your interest.
- Sign up online (form is on the Camden Hills website under Athletics)
- ■Complete the Health History Form online if you have not done so already this year, either with a Fall Sport, or at the beginning of the school year.
- ■Submit your Physical Exam Information to the Main office if you have not done so already (Freshmen and first year students to Camden Hills only)
- ■First day of Winter Sports is December 7th pending approval from the State of Maine.
- ■Some sports may not be competing interscholastically this winter. We are still waiting for guidelines from the MPA. What exactly that looks like is dependent on the sport and they all are a work in progress.
- ■Any questions contact Athletic Director Jeff Hart jeff.hart@fivetowns.net
- Questions for the Athletic Trainer contact Chris Audet chris.audet@fivetowns.net

Winter Season Continued...

I wish that I was sitting here writing that we will be "back to normal" for the winter. But that is just not the case. I do think that there is some good news, and some hope for our winter athletics. The good news is that while the specific sport modifications are not out yet, we are expecting them soon. One thing that we do know is that the MPA has put into place modifications for the winter that mirror what we are doing every day for academics. Most notably, they have said that all athletes will wear masks while they are competing. We will allow those sports that are labeled as low and medium risk to compete this winter within the guidelines set up by the MPA. Right now, that means all winter sports will compete with the exception of wrestling, which is labeled as high risk. There is still a chance that wrestling gets moved to later in the winter, but we'll have to wait for more guidance from the MPA in regard to that. As of right now we are going to start the process of getting students signed up, and that information is on the page to follow.

Another thing to keep in mind is that winter sports could also be stymied by the "color" of our county. When any county is yellow or red, schools within that county can neither practice nor play. So, while we are doing sign-ups right now, Knox County went from yellow to green – so we can start on December 7th unless it turns to yellow or red in the meantime.

I want to thank everyone for their patience with everything that is happening. It is pretty amazing how quickly things change, and how everyone has to adapt to what those changes are. We have coaches, students, parents, teachers, and administrators who have been absolutely amazing about that – and we're going to have to continue with that as we move forward.

Finally, I would like to give a shout-out to so many of the facilities around mid-coast Maine that share their facilities with us. We truly are blessed to live in such great communities.

Best,

Jeff Hart Camden Hills Athletic Director



CHRHS Health and Human Wellness Club

The NEW "Health and Human Wellness Club" is for all students with the common mission of working toward keeping both our school and greater community healthy. Club members may be seeking to pursue the sciences after high school, or looking to the medical field after college. Regardless, the Health and Human Wellness Club offers a

fantastic opportunity to learn and engage in the world of modern healthcare. The club meets every other Thursday to discuss and educate each other on major health concerns; further understanding in first-aid practices, and speak with healthcare experts, all at CHRHS! These are great skills for anyone to have, future medical professional or not!

Currently, the club has directed its focus to the most pressing health concern of today - COVID-19. Student inquiry most recently lead to a presentation and discussion with Dr. Cheryl Liechty, an infectious disease specialist from Pen Bay Medical Center. This unique experience allowed students an inside view of COVID-19 from the front lines, while offering insight on the practices needed to reduce severity of this global pandemic.

On behalf of the CHRHS Club for Health and Human Wellness, we want to remind everyone to do your part by wearing a mask, maintaining physical distancing, and sanitizing your hands often.

If you are interested in joining the club and supporting our mission, please contact club President <u>samuel.brownawell22@fivetowns.net</u> or our School Nurse <u>janis.hogan@fivetowns.net</u> for more information.

Be well!

CHRHS Health and Human Wellness Club

Visual & Performing Arts Department

"POINT OF VIEW" PHOTO & MIXED MEDIA Carolyn Brown, Teacher



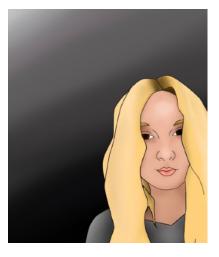
Matthew Booth '22



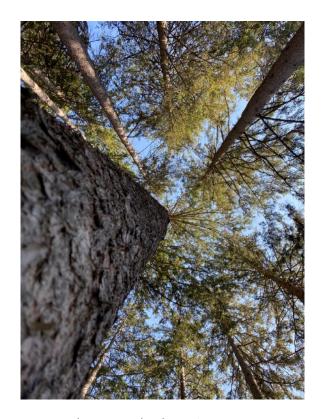
Hannah Graves '22

Ms. Brown's art classes and Art Club are off to an energetic start for first semester! In Photo/Mixed Media classes, students have been working on shooting assignments including varied Point of View, Portraits, and Forced Perspective.

In connection to the Portrait unit, they've also been working on mixed media selfportraits, dealing with personal identity.



Madison Small 21



Artísts clockwise from above: Emmett Marshall '24, Thomas Mitchell '23, Rhys White '21, Freya Johanson '21 and Liam O'Dwyer '24









Printmaking - Carolyn Brown, Teacher

Printmaking class is working with relief printmaking, starting with carved stamps for a modular (repeat) print, then moving on to a larger block print with multiple colors.



Ocean Rancourt '21



Mía Thorsell '23

Art Club

Meets Tuesdays, after school in Ms. Brown's Room - all students are welcome! (In person meetings are on temporary hold, but the group will connect through Zoom and our Schoology group.

Email <u>carolyn.Brown@fivetowns.net</u> with any questions.



Pumpkin carving: Ella Wirkala, Addie McPhail, Lute Campbell

Congratulations to the Visual & Performing Arts Student of the Month for November: Julianna Day



One year ago, Julianna was flying over the stage of the Strom. You could say that having the chance to play the role of Mary Poppins, helped Julianna reach new theatrical heights! Over the course of her high school career, Julianna has spent many hours on the stage of the Strom. Her involvement has covered a wide range of experiences: singing in concerts, playing flute in band, acting in a play, performing in a musical, or working behind the scenes helping to paint and construct intricate sets.

Visual and performing arts have been the highlight of Julianna's high school experience. Her high school tenure started at the Interlochen Arts Academy where she took courses such as Choir, Creating Childrens' Literature, Painting and Drawing, Acting Foundations, and Intro to Aerial Hoop and Silks. She also helped to write a group musical.

Julianna arrived at Camden Hills Regional HS for her sophomore year and quickly immersed herself in all art forms. In the visual arts, she excelled in Welding with pieces showcased at Fine Arts Night, has been involved in Art Club, and is signed up to take Jewelry and Interior Design classes next semester. Musically, she has participated in both choral and instrumental ensembles, having been accepted to honor choirs each year at both district and state music festivals. She has also participated in the student-led a cappella ensembles Fortissima and Chromatics, and is one of the leaders for this year's ensemble. Theatrically, she has played lead and ensemble roles in almost every show since her Sophomore year.

Julianna is a leader both within and outside of the classroom. She has been a student leader on the Camden Hills Regional HS School Board, giving the students' perspective on vital issues within the community. She leads by example. She is the first to volunteer to fill in for an extra role or extra rehearsal, and balances a myriad of extra-curricular activities opposite a demanding academic schedule.

Julianna recently reflected on her high school experience:

I can say without a doubt that being Mary Poppins was the best part of my high school experience. Being in the musical in general is something incoming students should not miss for anything. When you participate in the musicals or plays, you make strong bonds with everyone (kids of all grades, teachers, and directors) and become part of a larger community.

When I walk down the halls now, I'll see people who I'm not necessarily close with, but we smile and have little exchanges because of our shared memories in theatrical productions.

Performing doesn't just improve your singing, dancing, playing, or acting skills, but allows you to make connections and grow your confidence in yourself. I know I carried Mary's mentality with me for months after the show was over. I stood taller and spoke with more confidence, having gotten to embody those characteristics for three months. I also got to fly!!

Congratulations to Julianna Day! We look forward to hearing about your next artistic achievements, especially in musical theater, at the college level!



A Christmas Carol: The Radio Play Livestream December 18th @ 7pm

Link will be available on CHRHS Website & Facebook Page

Featuring: Kevin Bergelin (as Ebenezer Scrooge), Andi Hammond (as Jacob Marley), Marika Gronos (as the Ghost of Christmas Past), Joshua Kohlstrom (as the Ghost of Christmas Present), Sam Skovran (as Fred), Julianna Day (as Belle), Caleb Butler (as Bob Cratchit)

With additional cast members George Bickham, Evelyn Thissell, Alice Moskovitz, Izzy Kinney, Chloe Day-Lynch, and Lucas Marriner Ward.

Directed by Amy Ferlauto & Tom Heath



GratitudeSara Cole-Pardun, English Department

Undoubtedly, this school year is an interesting challenge for students and teachers. There is new technology to master, uncertainty, and fewer opportunities for connections through sports, productions, and clubs. Yet, as the air has grown colder and we enter the Thanksgiving and the holiday season, the gratitude I feel for the students and our school burns bright.

Each day, I find myself thankful for the interactions we are able to have whether in person or via Zoom. We have all experienced so many moments of beauty and joy and success this year even as we navigate a vastly different school landscape.

In my own small slice of Camden Hills, I experience these moments daily. Already this year, the National Honor Society students worked together to send video messages of thanks to our veterans. Students in my Humanities class were able to collaborate to create complex multi-genre projects-producing incredibly rich products. Honors IOth grade students harnessed their inner poets as they experimented with form-creating meaningful and nuanced collections of poetry. Sci-fi students crafted alien beings and alien worlds as they explored the outer reaches of space. Race and Identity students engaged in deep discussions about systemic racism and began creating activist campaigns to inform others. Honors 9th grade students had the courage to write about their personal dragons-moving through the writing process to create richly personal narratives. Colecatraz homeroom Fridays are always filled with games and laughter and connection.

Each and every day, I find myself excited to learn from and engage with our student body. Through their flexibility and openness, they have so much to teach us about grace, kindness, and compassion. Our students are the light and joy in these uncertain times. As I write this, we prepare for Thanksgiving break; I am eternally grateful to all my students for their insight, perseverance, humor, and kindness. As we enter a different holiday season this year, I hope we can all take a moment to take stock of the moments of beauty we experience each day.

Happy Holidays!

Various work from Kirsten Campbell's Painting & Advance Portfolio Classes Artists clockwise from top Ethan Carballo '21, Hayleigh Martz '22, Nora Finck '22, Alex McKenzie '23 and Greer Lafiura '24 And previous page - Seana Murray '21









